

Brunswick Parks & Recreation

Spring/Summer 2023

Brochure



Updated: 5.9.23

Brunswick
maine



brunswickme.org/parks-recreation | 207.725-6656
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A MESSAGE TO OUR COMMUNITY

FROM THE BRUNSWICK PARKS AND RECREATION DEPARTMENT

Welcome to the Brunswick Parks and Recreation Department where we maintain and manage more than 40 parks, facilities and public spaces in our community, and administer approximately 100 recreation programs and events annually.

We are excited to share with the community all the fun and exciting programs we have lined up this Summer! If you stop by the Recreation Center you will see new faces, a new check in desk and system along with our new Fitness Center!

Our goal is to provide a variety of programs and events for all ages!

As you browse through this Brochure, please keep in mind that **all our facilities, programs, and policies are subject to change.** Many of the programs listed here are already open for registration, so please give us a call or log onto your WebTrac account for info & updates.

Parks and Recreation Is Essential

Our Friends at the National Parks and Recreation Association advocate & collect data across the United States to help showcase why Parks and Recreation is Essential!

Parks and recreation and the professionals who make it happen are essential. Here are five statements with supporting research that showcase the fundamental role of parks and recreation:

- Parks and recreation promotes health and wellness.
- Parks and recreation's programming and education activities are critical to childhood development.
- Parks and recreation drives economic opportunity.
- Parks and recreation is everywhere, uniting people and strengthening communities.
- Parks and recreation is essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change.



NATIONAL RECREATION
AND PARK ASSOCIATION

Administrative Office Hours

Brunswick Parks and Recreation Administrative Offices are open

Monday - Friday from 8:00am - 4:30pm

The Welcome Center is open by appointment ONLY Monday—Friday from 9:00am-5:00pm



The Parks and Recreation Department Administrative Offices, Welcome Center, and Recreation Programming will be closed on the following Holidays:

Memorial Day—Monday, May 29th, 2023

Juneteenth—Monday, June 19th, 2023

Independence Day—Tuesday, July 4th, 2023

Labor Day—Monday, September 4th, 2023

Indigenous Peoples' Day—Monday, October 9th, 2023

Veterans Day—Friday, November 10th, 2023 (Only Administrative Offices closed)

Thanksgiving Day—Thursday, November 23rd, 2023

Thanksgiving Friday—Friday, November 24th, 2023

Christmas Day— Monday, December 25th, 2023

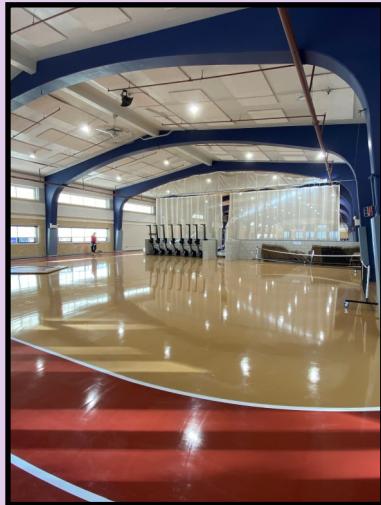
New Year's Day—Monday, January 1st, 2024

Martin Luther King, Jr. Day—Monday, January 15th, 2024

Washington's Birthday/President's Day—Monday, February 19th, 2024

Patriot's Day—Monday, April 15th, 2024

Recreation Center Hours of Operation



The Fitness Center, Track and Courts will be open anytime the Recreation Center is open, please check the weekly schedule for any changes or updates due to programming and events.

The Brunswick Recreation Center is open:

Sunday—10am-6pm

Monday—6am-8pm

Tuesday—6am-8pm

Wednesday—6am-8pm

Thursday—6am-8pm

Friday—6am-8pm

Saturday—7am-6pm

Look for our New Summer Hours which will start Sunday May 28

The Recreation Center will observe the following Holidays and will be closed on:

Memorial Day—Monday, May 29th, 2023

Independence Day—Tuesday, July 4th, 2023

Labor Day—Monday, September 4th, 2023

Thanksgiving Day—Thursday, November 23rd, 2023

Christmas Day— Monday, December 25th, 2023

ONLINE REGISTRATION

New Brunswick Parks & Recreation Families Who Have Never Registered for a Program

If you have never signed up for a program with us in the past you can create an account by Going to our [WebTrac](#) and selecting the need a new account link. You will then be prompted to start an account. Your account will be active once complete.

Past or Present Parks and Recreation Department Families

If any member of your family's household has registered for a program with us you already have an active household account! If you have never taken advantage of the WebTrac Online Registration platform, however, you do not have login credentials attached to your account yet. Please do not create a new household in order to login! Call us at 207-725-6656 or email recprograms@brunswickme.org and we will assist you with assigning login information to your already existing household account. If you are not sure whether your login credentials have been set up or if you have forgotten your username or password, please reach out to us using the contact information provided above and we will assist you with this as well!

Follow the link or scan the QR Code

<https://www.brunswickme.org/205/Online-Registration>



General Policies

Registration: Registration can occur either in person at the Recreation Department, over the phone, by mail OR online at www.brunswickme.org/parks-recreation

Registration Process: Pre-registration and pre-payment are required for all classes. Programs registrations are accepted in person, mail, online, or over the phone. Payment is expected prior to the start of the first class date.

Payment: Full payment is required at the time of registration for classes.

Residents: Participants who live in Brunswick.

Non-Residents: Participants who do not live in Brunswick must pay 33% more per class registration.

Confirmations: We do not send course confirmations or reminders of enrollment. If you register for a program, you are responsible for knowing class dates, times, and location.

Discounts: Sibling discounts are available for Brunswick Youth Soccer League and for Summer Vacation Camp.

Follow us on Social Media!



“BrunswickParksandRecreation”

Refund Policy: The Brunswick Parks and Recreation Department seeks to provide high quality facilities and program opportunities for leisure time activities for all Brunswick residents. The user fees that are collected through these programs go directly toward the cost of operation. This allows us to keep our rates fair and reasonable while still delivering a high quality product. In many cases, expenses are incurred prior to the start of a program, which is why we have outlined the refund policy below.

- ⇒ If we cancel a program, all fees will be refunded. If a program does not take place due to cancellation by the Parks and Recreation Department, all registration/user fees will be refunded in full.
- ⇒ If you withdraw 2 business days before the first session of a program (excluding weekends and holidays) you will receive a full refund (less a \$5 handling fee). Example: If a program is scheduled to begin on a Wednesday, to receive a full refund (minus the handling fee) you must withdraw before the end of business on Monday. If Monday is a town recognized holiday and our offices are closed then withdrawal must take place before the end of business on the previous Friday.
- ⇒ If you withdraw less than 2 business days prior to the start of or after the first session of a program, you will be refunded 75% of the registration fee (less a \$5 handling fee). Example: If the program is scheduled for Wednesday afternoons, any withdrawals that take place at the start of business on the Tuesday morning before the first session through the close of business on the Tuesday prior to the second session will be eligible for this refund.
- ⇒ If you withdraw on (or after) the day of the second session, no refund will be issued.
- ⇒ For one-day special events you must withdraw no less than 2 business days prior to the start of the program to receive a full refund (less a \$5 handling fee). There will be no refunds issued for requests later than that.
- ⇒ In the event of an extended illness or injury, we will issue a prorated refund after the start of a program. We must receive written notification, along with a physicians note excusing the participant from continuing. All documentation must be received before the last session of the program.
- ⇒ Refund processing takes up to two weeks. We do not provide cash refunds.

Brunswick Recreation Center

Membership

All users of the Recreation Center are required to provide personal identification information upon entering the building, as well as complete a building use waiver. Upon completing membership documentation, users will be given a membership tag that will be scanned at the main entrance of the building each visit.

Access to the Fitness Center is based on enrollment into a Pro Level Membership or by purchasing a Day Pass.

Pro members, as well as Day Pass users will need to scan a membership tag in order to gain access to the Fitness and Cardio spaces. These spaces feature strength & conditioning equipment, a stretching & yoga area, free weight equipment and many cardio machines.

MEMBERSHIP	DETAILS	RESIDENT	NON-RESIDENT
BASIC	Includes access to track and court during open hours (does not include paid programs)	Free	Free
PRO	Includes access to strength and cardio spaces, access to iFit subscription	\$20/Month \$220/Year (1 month Free with Year Pass, \$20 savings)	\$30/Month \$330/Year (1 month Free with Year Pass, \$30 savings)
DAY PASS	PRO level membership for a day	\$5/Day	\$10/Day

\$5 OFF Discount for Active Military, Adults age 65+ and Students
Discounts apply to month/year rates, cannot be combined & must show ID

Discount Pro Resident: \$15 month/\$165 year (1 month free)

Discount Pro Non-Resident: \$25 month/\$275 year (1 month free)

Brunswick Recreation Center

Membership

Basic Membership

Basic Membership to the Recreation Center is free for Residents and Non-Residents of Brunswick. Basic Members have access to the Locker room facilities, the walking track and courts during open hours. Day Passes are available for Basic Members looking to utilize the Fitness and Cardio Spaces on a day-by-day. Paid programming requires a separate fee. Continue reading through our brochure for more information about our paid programming!

Pro Membership

Includes access to Strength and Cardio spaces and access to iFit subscription in addition to the amenities included in the Basic Membership.

Resident Fee: \$20 Per Month / \$220 Per Year

Non-Resident Fee: \$30 Per Month / \$330 Per Year



SilverSneakers Pro Membership

SilverSneakers comes automatically with qualifying Medicare health insurance plans. Eligible Medicare beneficiaries 65 years of age and older just need to get a SilverSneakers membership card to show at participating fitness locations. Contact your health insurance plan to find out if SilverSneakers is covered, or visit the SilverSneakers website to check your eligibility online. If you're eligible, then you can fill out the SilverSneakers form online to get and print your membership ID card to bring to the Brunswick Rec Center! SilverSneakers members have access to all amenities provided to Pro Members!

Day Pass

A day pass provides users with a Pro level membership for the business day.

Resident Fee: \$5 Per Day

Non-Resident Fee: \$10 Per Day

Discounts

The following discounts are available for the Monthly and Year rates:

\$5.00 Off Discounts for Active Military, Adults age 65+ and Students (Must show ID)

Resident Rates with Discount: \$15 month/\$165 year (Pay for 11 months and get the 12th free)

Non-Resident Rates with Discount: \$25 month/\$275 (Pay for 11 months and get the 12th free)

Discounts cannot be combined and are not available for day pass rates.

For more info about Open Gym or the Walking Track Please email recprograms@brunswickme.org

call 725-6656, or visit our website: brunswickme.org/parks-recreation

Brunswick Recreation Center

The Recreation Center features a new, State-of-the-Art Fitness Center, Basketball Courts, Pickleball Courts and an Indoor Track. This building is also home to Parks and Recreation Department Administrative Offices and the Welcome Center.

Amenities

- ◆ Two Basketball Courts that are regularly converted to Indoor Pickleball Courts. Multiple time slots throughout the week are available for individuals or families use the courts. This service is free and we offer some basic equipment to use.
Open Use = Any age use
Family Open Use = Use by families (Adults & Children)
K-12 Open Use = Use for grades K-12
(under 13 requires adult supervision)
High School Use = Use for grades 9-12
Adult Open Use = Adults 18+
- ◆ Lobby with ample seating and storage for outerwear and outdoor shoes
- ◆ Indoor Track: 2 lane, one-way direction, track with Distance of 1/9 of a mile
- ◆ Cardio Fitness Area and Strength and Conditioning Area (Included with Paid Membership Only)
- ◆ Full Locker rooms complete with bathroom facilities and showers
- ◆ Beverage and Snack Vending Machines
- ◆ Informational pamphlets & maps of Brunswick's outdoor spaces
- ◆ Abundant parking for those looking to access Rec Center or area trails
- ◆ Free, Public Wi-Fi access

Reminders

- ◆ No rollerblades, roller-skates, strollers, skateboards, allowed on track
- ◆ Wheeled walking aids, canes and wheelchairs permitted
- ◆ No amplified music played through speakers allowed
- ◆ Use cubbies and hooks in lobby to store personal items or store in locker room
- ◆ Locks are available for your purchase at Main Office
- ◆ The Recreation Department is not responsible for items lost or stolen—Please lock up your valuables!

Brunswick
maine
Parks & Recreation



RECREATION CENTER RULES

1. Participants under the age of 16 must be accompanied by an adult.
2. Participants must report all injuries to BRC staff. In emergency, dial 911 before reporting to staff.
3. Show respect for the equipment, facility, and towards others.
4. Do not move or rearrange the equipment and/or exercise machines, unless otherwise permitted.
5. No horseplay or loud offensive language will be tolerated.
6. Please report any damaged or broken equipment to BRC staff immediately.
7. Use a spotter when lifting heavy weights and please do not drop or throw the weights.
8. Keep hands and loose clothes away from weight stacks, cables, and pulleys.
9. Limit use of cardio machines to 30 minutes when others are waiting.
10. Proper attire is required at all times. Please do not leave personal items lying around. Use provided locker area.
11. Do not take pictures or videos of others without consent.
12. Please use headphones when listening to music
13. Please clean up after yourself and wipe off equipment with provided materials after use.
14. Track use is limited to walking and running only. Use clean non-marking gym shoes on courts, track, and exercise spaces.
15. Consult your physician prior to engaging in physical activity

Strength Room

The Strength Room features the strength & conditioning equipment listed below:

Matrix Ultra Dependent Arm Curl	Matrix MG Vertical Bench Press
Matrix Ultra Back Extension	Matrix Aura Lat Pulldown
Matrix Ultra Converging Chest Press	Matrix MG-PL62 Smith Machine
Matrix Ultra Diverging Lat Pulldown	Magnum VKR w/Chin
Matrix Ultra Leg Extension	Matrix Aura 5-Stack Multi-Station
Matrix Ultra Leg Press	Matrix Aura 4-stack Multi-Station
Matrix Ultra Rear Delt / Pec Fly	Matrix Aura - Adjustable Cable Crossover
Matrix Ultra Diverging Seated Row	Matrix Aura Seated Row
Matrix Ultra Converging Shoulder Press	Matrix Aura - Triceps Pressdown
Matrix Ultra Triceps Press	Magnum Full Power Rack
Matrix Ultra Hip Adductor	Connexus Stability Step
Matrix MG Lat Pulldown	Kettlebells, Slamballs, Strength Bands, Resistant Tubes, Free Weights, Tri Plyo Box, and Sled with moveable parts
Matrix MG Seated Row	



Cardio Area

Our Cardio Area includes a stretching and yoga area and the cardio machines listed below:

Stretching and Yoga Area

4 Rowing Machines

2 Performance ClimbMills with Touch Console

5 Performance Treadmills with Touch Console

4 Performance Ascent Trainers with Touch Console

2 Performance Recumbent Cycle with LED Console

2 Performance Upright Cycle with LED Console

1 Ski Erg

1 Hand Bike



For more info about our Fitness Equipment and Offerings,
Please email Health and Fitness Director, Priscilla Trimble at ptrimble@brunswickme.org

Health & Fitness Classes

Machines 101

Join us as we tour our newly installed Fitness Center! Learn about our membership, equipment, & programming. Get your questions answered. Get step by step instructions on how to use your preferred machine or fitness equipment. Free to all members. This is a drop-in program. No registration is required.

Ages: Ages 14+

Spring Dates: Saturdays, April 8 & 22, May 13 & 27

Time: 9-10am

Summer Dates: Thursdays June 8 & 22, July 6 & 27, Aug 10 & 24

Time: 4-5pm

Location: Meet in the Lobby

Fee: Free, must be a PRO Member or Purchase a Day Pass to participate

Coordinator: Priscilla Trimble, ptrimble@brunswickme.org

Fitness for Student Athletes

Calling all student athletes! Whether you are in between sports or just want to stay fit, this class is for you! Join us as we develop muscular strength and endurance through dynamic weight training. Fall in love with fitness all over again as we learn about the importance of cross training for your sport, discover new tools that you can implement into your fitness routine, and reach new health goals. Check our website for program changes and updates. Pre-registration is highly encouraged as there is a 2-participant minimum to offer the class.

Ages: Age 14-25

Dates:

Session 1

Dates: Fridays, April 7, 14, 21, 28

Session 2

Dates: Fridays, May 5, 12, 19, 26

Time: 5-6:30pm

Location: Weight Room

Fee: \$12 Residents

\$16 Non-Residents

Instructor: Jimmy Franklin

Coordinator: Priscilla Trimble, ptrimble@brunswickme.org

Minimum of 2 participants is necessary to offer class.

If this has not been 24-hours prior to the program,

it will be cancelled.

Foundation and Fitness for Student Athlete Participants MUST have either a PRO Membership or Day Pass to Participate. Passes are sold separately from the class prices listed.

Health & Fitness Classes

Stretch & Strengthen

This class is perfect for those who are looking to increase their strength, regain mobility, and stay active. This class is designed for individuals 65+. During these sessions we will use lightweight dumbbells and bodyweight exercises to tone and activate the muscles. These classes are a fun to stay active in a group setting. Check our website for program changes and updates. Pre-registration is highly encouraged as there is a 2-participant minimum to offer the class.

Ages: Adults 65+

Dates:

Stretch & Strengthen Session 1

Thursdays, April 6, 13, 20, 27

Stretch & Strengthen Session 2

Thursdays, May 4, 11, 18, 25

Time: 9-10am

Location: Court 1

Fee: \$8 Residents

\$10 Non-Residents

Instructor: Priscilla Trimble

Coordinator: Priscilla Trimble, ptrimble@brunswickme.org

Minimum of 2 participants is necessary to offer class. If this has not been 24-hours prior to the program, it will be cancelled.

Gentle Flow Yoga

Join us for this gentle yoga flow that IS PERFECT for beginners! Our awesome Yoga instructor will take you through a yoga flow that will help you relieve tension, get stronger, and empower you to maintain a stress free mindset. Check our website for program changes and updates. Pre-registration is highly encouraged as there is a 2-participant minimum to offer the class.

Dates:

Gentle Flow Yoga Session 1

Dates: Tuesdays, April 4, 11, 18, & 25

Gentle Flow Yoga Session 2

Dates: Tuesdays, May 2, 9, 16, 23, & 30

Time: 5-6pm

Fee: \$12 Residents

\$16 Non-Resident

Location: Court 2

Instructor: Nikki Yanok

Coordinator: Priscilla Trimble, ptrimble@brunswickme.org

Minimum of 2 participants is necessary to offer class. If this has not been 24-hours prior to the program, it will be cancelled.

ONLINE PROGRAM REGISTRATION IS AVAILABLE AT BRUNSWICKME.ORG

Or stop by our office located at

220 Neptune Drive, Brunswick Maine

Office Hours: Monday - Friday from 8:00am to 4:30pm

Health & Fitness Classes

One-on-One Personal Training

This program is designed for a one-time session to meet with one of our AMAZING Personal Trainers. This program does not have a set date and time as it will be based off coach and participant availability. Sign up for either a 1-hour session, 2 hours (split between two dates) or 3 hours (split between three dates). If you would like to sign up for more than 1 hour in a month, please register for the given section option (it will automatically add in your reduced rate).

Once you register, you will be contacted shortly after by your coach to schedule your session. All sessions must be used within 30 days.

First hour session is \$75, additional sessions are \$60 more per session.

1-1 Personal Training 1 Hour

Dates: Based off of client and trainer's availability

Time: 1-hour

Fee: \$55

1-1 Personal Training 2 Hours (\$10 saving)

Dates: Based off of client and trainer's availability

Time: 2-hours

Fee: \$100

Personal Training with Ida 3 Hours (\$20 saving)

Dates: Based off of client and trainer's

availability

Time: 3-hours

Fee: \$145

Location: Weight Room

Instructor: Ida Messerman & Jimmy Franklin

Coordinator: Priscilla Trimble,

ptrimble@brunswickme.org

All individuals registering for
personal training must have a
PRO membership



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220 Neptune Drive, Brunswick Maine

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Health & Fitness Classes

Small Group Personal Training

Group personal training is perfect for those who are looking for peer accountability and consistent training with a buddy or two. Grab your fitness friends and sign up for group style personal training sessions. These training sessions do not have a set date and time allowing you to find a time that works for your group. Sign up for either a 1-hour session, 2-hours (split between two dates) or 3-hours (split between three dates). Please notice the correcting sections for your desired number of hours.

Once you register, you will be contacted shortly by your coach to schedule your session. All sessions must be used within 30 days.

Group Training with Jimmy 1 Hour

Dates: Based off of client and trainer's availability

Time: 1-hour session

Fee: \$35 per person

All individuals registering for

personal training must have a

PRO membership.

Group Training with Jimmy 2 Hours

Dates: Based off of client and trainer's availability

Time: 2-hour session

Fee: \$55 per person

Group Training with Jimmy 3 Hours

Dates: Based off of client and trainer's availability

Time: 3-hour session

Fee: \$75 per person

Location: Weight Room

Instructor: Jimmy Franklin

Coordinator: Priscilla Trimble, ptrimble@brunswickme.org

Minimum of 3 people/ Max 5.



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Office Hours: Monday - Friday from 8:00am to 4:30pm

Adult Sports & Leagues

We are excited to continue the Adult Intramural Sports League at the Brunswick Landing for a 2nd season! This Recreational league is non-competitive and are designed for the average adult to come have fun while exercising! Gather some of your friends or make some new friends & re-live the fun you used to have as a kid!

Adult Dodgeball League

Adult Dodgeball League, a very popular sports offering featured as part of the Landing's Adult Intramural Sports League returns for late fall/early winter! The Brunswick Parks and Recreation Department is proud to be collaborating with Wild Oats Bakery and Flight Deck Brewery to provide this exciting and fun opportunity for adults!

Dodgeball meets on Tuesdays at the Brunswick Recreation Center and game times begin at either 6pm or 7pm. The league fee is \$200 per team. If you are having a company sponsor your team, reach out to us in order to get your team registered and an invoice can be sent to the team sponsor. Individuals not affiliated with a team and teams interested in playing are encouraged to contact the Brunswick Parks & Rec at 725-6656.

League Details

- There can be a maximum of 12 teams and a Minimum 6 teams competing in the league.
- Game start times are 6pm and 7pm and there is a 50 min time limit per game.
- There must be a minimum of 8 adults per roster (teams must be gender diverse)
- Teams will compete 5v5
- Game nights will consist of a best of 3 game series and there will be Double Headers for a total of 6 games to be played each night
- Games are played until all players for the opposing team are eliminated or time limit of 50 minutes has been reached
- Standings will be kept and each session will conclude with a 1-day playoff to determine a champion.

League Rules

- Players must be 18 years of age and graduated from High School
- The Facility and parking lot are Alcohol, tobacco, drug free zones
- This is a recreational league for the average adult, violence or aggressive competition behavior will not be tolerated
- Teams are encouraged to attend the post play social over at Flight Deck Brewery where League Members will receive special discounts!

Ages: Adults 18 and older

Dates: Tuesdays, May 16th-June 13th

Time: 6pm or 7pm

Location: Brunswick Recreation Center

Fee: \$200

Coordinator: David Coffill, dcoffill@brunswickme.org

**ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
BRUNSWICKME.ORG**

Or stop by our office located at

220 Neptune Drive, Brunswick Maine

Office Hours: Monday - Friday from 8:00am to 4:30pm



WINTER 2022 DODGEBALL CHAMPIONS—
THE MOUTHY BALLERS

Adult Sports & Leagues

Pick Up Basketball

Is your life too busy to join a sports league, but you still enjoy getting out to play sports? Would you like to get some exercise and enjoy a little competition, but not have to commit to a long season? Consider attending our Pick-Up Adult Basketball offerings indoors at the Recreation Center!

Adult Pick-up Basketball is open to men and women 18 years or older and is informal, not team based. Teams are made on the fly and games are any version the group decides on (3v3, half court, full court, pressing, slow down, 5v5 etc.), no officials so call your own fouls.

Day(s) and Times:

Monday, Wednesday, Friday From 11:30am-2pm

Tuesday, Thursday From 6-8pm

Saturday, Sunday From 4-6pm

Location: Brunswick Rec Center, Court 1

Please note the schedule is subject to change, for up-to-date weekly gym schedule please call or visit www.brunswickme.org/parks-recreation

Additional Sports

Have another sport that you would like to see

Offered and is not listed above?

Please contact us at 207-725-6656.



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220 Neptune Drive, Brunswick Maine

Office Hours: Monday - Friday from 8:00am to 4:30pm

Adult Sports & Leagues

Adult Golf Instruction

Participants will learn swing basics including grip, stance and alignment, followed by an introduction to irons, woods, chipping, and putting. Participants will also learn golf rules and etiquette. Once the class is complete, you will be ready to schedule your first tee time! Your own golf clubs are recommended, but some clubs are available to use for the program if needed. (Please provide advanced notice)

About the Golf Course: The Brunswick Golf Course is a premier golf course offers an outstanding teaching facility that includes a driving range, chipping area, pitching area, putting green, and sand play.

About the Instructor

Coach Gerry has been a golf instructor in the local area and has been involved with the Brunswick Parks & Recreation Department for many years. He has experience and an extensive teaching background with youth, teens, and adults. His positive style offers a fun experience in learning the game of golf.

Ages: Ages 18+

Dates: May 11th– June 1st

Time: Thursdays, from 5:30pm-6:30pm*

*Final Session on June 1st meets until 7:30pm

Location: Brunswick Golf Course

Fee: \$102 Residents / \$135 Non-Residents

Instructor: Gerry Caron, Former Bowdoin College &

Former Mt Ararat Varsity Golf Coach

Coordinator: Aaron Cropley,

acropley@brunswickme.org



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BRUNSWICKME.ORG**

Or stop by our office located at

220 Neptune Drive, Brunswick Maine

Office Hours: Monday - Friday from 8:00am to 4:30pm

Adult Sports & Leagues

Women's Slow Pitch Softball League

The League plays on Tuesdays and Thursdays at either Edwards Field off Jordan Avenue or SMCC field located off Admiral Fitch Avenue at the Brunswick Landing. The season features a 10 game schedule beginning in early June and ending near the beginning to middle of August. The league uses USA Softball umpires.

The League is open to teams but if individuals are interested in playing and are not affiliated with a team they should contact the Parks and Recreation Department at 207-725-6656.

Ages: Adults and 16-17 year olds with Guardian Permission

Dates: Exact Schedule TBD

Time: Weekday games at 6pm & 7pm

Location: Edwards Field and SMCC Field

Fee: \$800 per team

Coordinator: David Coffill,
dcoffill@brunswickme.org



**Women's
SLOW PITCH
SOFTBALL
League**
June-August 2023
Tuesday and Thursday Evenings
Games Start At 6PM
For Ages 16 and Up*

A black and white photograph of a softball catcher in mid-pitch, wearing a helmet, chest protector, and knee pads.

Not connected to a team, but want to play? Register as a "free agent" and we'll connect you with a team!

***Players under 18 must have signed permission from a guardian in order to join the league**

ONLINE PROGRAM REGISTRATION IS AVAILABLE AT BRUNSWICKME.ORG

Or stop by our office located at

220 Neptune Drive, Brunswick Maine

Office Hours: Monday - Friday from 8:00am to 4:30pm

Adult Sports & Leagues

Pick-up Pickleball

Pickleball is the fastest growing sport in the United States, as all ages have started to pick up a paddle and learn more about this fun and active sport. Pickleball is a fun and exciting (and addictive) racquet sport, which differs from tennis by utilizing a court less than half the size of a tennis court. It is primarily played as a doubles sport which means each person only has to cover about ten feet of court side-to-side. The rules are few and simple and the game utilizes an underhand serve, perforated plastic ball and "no-smash zone," seven feet in front of the net which allows for an easy-to-learn sport with a slower finesse-style of play.

A Pickleball court has the same dimensions as a badminton court (44 by 20 feet) with a net that is two inches lower than a tennis net. The sport is played with wooden or composite paddles that are about twice the size of a ping pong paddle and a perforated plastic ball similar to a whiffle ball.

This indoor program offers 2 courts for a drop-in style play and allows adults to play many times throughout the week. This indoor program allows adults to come down and play a game that is best described as human ping pong! This program is welcoming new players all the time, be sure to come down and check it out!

Equipment

We have a selection of paddles and pickleballs for players to use during the session.

Day(s) and Times: (Subject to Change)

Monday-Friday from 8:30am – 1pm

Monday/Wednesday/Friday from 5:30pm-8pm

Saturday from 9-12:30pm

Sunday from 1-4pm

Location: Brunswick Recreation Center Gymnasium

Fee: \$2 Brunswick resident, \$3 Non-Brunswick resident (10-Punch

Passes Available)

Please note the schedule is subject to change, for up-to-date weekly gym schedule please call or visit www.brunswickme.org/parks-recreation



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Or stop by our office located at

220 Neptune Drive, Brunswick Maine

Office Hours: Monday - Friday from 8:00am to 4:30pm

Adult Sports & Leagues

Pickleball Lessons

Introduction to Pickleball Class

Have you heard about this sport with the funny name of Pickleball and wonder what it is all about? Join our instructor Theresa for an Introductory Lesson that will show you the basics of Pickleball and explain how to play. No previous experience necessary. Open to adults only.

Age: Adults over 18

Day(s) and Times:

Every other Tuesday From 4:30pm-6:00pm

Tuesdays— 4/4, 4/18, 5/2, 5/16, 5/30, 6/27

*No Lesson 6/13

Every other Thursday From 1-2:30pm

Thursdays— 4/13, 4/27, 5/11, 5/25, 6/8, 6/22

Time: Tuesday, 4:30pm – 6:30pm

Thursday, 1pm-2:30pm

Location: Recreation Center Gym

Fee: \$10 Brunswick Residents

\$13 Non-Residents

Instructor: Theressa Houtman

Coordinator: Aaron Cropley, acropley@brunswickme.org

Equipment

We have a selection of paddles and pickleballs for players to use during the session.

Limited to 8 players. A minimum of 4 participants is necessary in order to hold the class.



Spring Youth Sports Programming

Start Smart Baseball/ Softball

Start Smart Baseball teaches children (ages 3-5) the basic motor skills necessary to play organized baseball, softball, or tee ball, while they work one-on-one and spend quality time with their trusted adults. The program focuses on teaching children and adults throwing, catching, batting, and running/agility skills without the threat of competition or the fear of getting hurt. Start Smart Baseball sessions are held twice weekly for 3 weeks, and each week the exercises become more difficult as the class progresses and the children show improvement. Participants may wear regular sneakers for this program. The registration fee includes instruction and a participant manual for adult coaches.

Highlights of the program:

- Adults and children work together with the assistance of an instructor to learn the basics.
- Children have fun while developing skills and making improvements.
- Each skill is broken down into simple steps so participants have a framework to teach & learn.
- 1-to-1 attention means each class is tailored specifically to your child's needs and progress.

Ages: Ages 3-5 as of the start of the program

Dates: Tuesdays & Thursdays, May 9th-May 25th

Time: 4-4:45pm OR 5-5:45pm

Location: Brunswick Recreation Center

Fee: \$60 Residents / \$80 Non-Residents

Instructor: Brunswick Parks & Recreation Department Staff

Coordinator: Aaron Cropley, acropley@brunswickme.org



Kids on the Diamond Instructional Baseball/ Softball

The first few nights the whole group will be introduced to and will practice fundamental skills of the game. The group will then be split into teams of 8 players, where kids will work on throwing, catching, running the bases, defense and batting. Each night will repeat the same format, with time spent learning various positions and terms of the sport, and kids will play a full game during the final session(s) of the program.

The games will be very controlled, providing a safe and positive learning experience to all players. Players should bring their own glove, bat & helmet, but please let us know if need to borrow equipment! This program also includes a team t-shirt! This program has a maximum enrollment of 32 participants per session.

Ages: Grades K-2 as of Fall 2022

Dates: Tuesday, Wednesdays, Thursday May 30th-June 7th

Time: Grade K —4:30pm-5:15pm and Grade 1-2— 5:45-6:30pm

Location: Edwards Field

Fee: \$60 Residents / \$80 Non-Residents

Instructor: Brunswick Parks & Rec. Department Staff

Coordinator: David Coffill, dcoffill@brunswickme.org

Spring Youth Sports Programming

Cross Country Running Club

Children will learn the fun and satisfaction of running through weekly practices! Additionally, there will also be scheduled “Fun Runs” on Wednesday, as well as a championship meet at the end of the season. At the Fun Runs, children will run with youngsters their own age, with boys and girls in separate divisions; 1st and 2nd graders will run a half-mile; 3rd and 4th graders will run three quarters of a mile; and 5th graders will run one mile. The Fun Run Schedule will be provided during the first week of the program. Transportation will not be provided and guardians must arrange for transportation to and from the Fun Runs.

During “Fun Runs” children will run with youngsters in their own age divisions:

1st and 2nd graders will run a half-mile

3rd and 4th graders will run three quarters of a mile

5th graders will run one mile

*Please note—There is no “fun run” scheduled for Wednesday, April 26th and there will be no practice on Memorial Day, May 29th. Transportation is not provided to weekly fun runs or to the championship running event and runner are responsible for their own transportation.

Grades: Grades 1-5 as of Fall 2022

Dates: Mondays and Wednesdays, April 24th– June 3rd

Time: 4pm

Location: Brunswick Recreation Center and Various Locations in Southern Midcoast Maine

Fee: \$60 Brunswick Residents Only

Instructor: Brunswick Parks & Rec. Department Staff

Coordinator: Aaron Cropley, acropley@brunswickme.org

Interested in helping out? Adult and student volunteers are also needed to assist paid staff. Interested individuals should reach out to the Recreation Department to learn more! We hope you will join us in making this a great program!

ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
BRUNSWICKME.ORG

Or stop by our office located at
220 Neptune Drive, Brunswick Maine
Office Hours: Monday - Friday from 8:00am to 4:30pm

Spring Youth Sports Programming

Youth Hip Hop Dance

Kids will get up and MOVE to their favorite tunes in this program where they'll learn trending hip-hop choreography and technique, while developing their understanding of rhythm, body awareness, and self-expression! This fun and energizing dance club offers the values, practices, and experiences that can deeply enrich an individual's life in a positive way! It also offers students the opportunity to invent as much as they inherit and will give students the opportunity to develop their own talents in relation to the talents of others. Each session will also include an opportunity for dancers to display their learned skills and talents for family and friends on the final day of the program!

Please note—Where this program meets directly after school in the HBS Gymnasium, the Rec Department will provide supervision in the gym for children coming directly from HBS so that children can unwind until the program begins. If you don't wish to utilize this service & will drop your child off, please indicate that during registration!

Grades: 2-5 as of Fall 2022

Dates: Mondays, April 3rd– June 5th*

Time: 3:45-4:45pm

Location: Harriet Beecher Stowe School

Fee: \$120 Residents / \$160 Non-Residents

Instructor: Kate Andreu

Coordinator: Aaron Cropley,
acropley@brunswickme.org

About the Instructor

Classes will be taught by Instructor Kate Andreu. Kate has been in the performing arts industry for more than 20 years working on numerous performance and production projects all over the state. She is a USM alumnus with a BS in social work and minor in dance. She choreographed for Dance USM 5 years in a row and has been asked back by Professor Maria Tzianabos to guest teach in the USM dance program. She is a former dance studio owner and currently works as a professional choreographer and consultant. She has successfully designed and implemented dance enrichment programs, master classes and workshops in Portland, Freeport, and greater Midcoast areas. Kate is a well-known performing arts professional with an energy level to match. She looks forward to engaging with her students and helping them find a love of dance and performance!



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Office Hours: Monday - Friday from 8:00am to 4:30pm

Spring Youth Sports Programming

April Vacation Golf For Kids

Learn to play Golf the fun way with former Mt. Ararat Varsity Golf Coach and two-time Maine Coach of the year, Gerry Caron! Coach Gerry has been a golf instructor in the local area and has been involved with the Brunswick Parks & Recreation Department for many years. He has experience and an extensive teaching background with youth, teens, and adults. His positive style offers a fun experience in learning the game of golf. Youth golf programs are limited to 12 participants.



This one-day program for youth is a great opportunity for children to learn the game of Golf or to practice their existing skills! Children will receive chipping, putting and pitching instruction and this program includes contests with the opportunity for prizes! Your own golf clubs are recommended, but some clubs are available to use for the program if needed. (Please provide advanced notice)

About the Golf Course: The Brunswick Golf Course is a premier golf course offers an outstanding teaching facility that includes a driving range, chipping area, pitching area, putting green, and sand play. *Program will be held at a location TBD if there are poor weather conditions.

Ages: 8-16 as of the start of the program

Dates: Thursday, April 20th

Time: 1-2:30pm

Location: Brunswick Golf Club

Fee: \$26 Residents / \$35 Non-Residents

Instructor: Gerry Caron

Coordinator: Aaron Cropley, acropley@brunswickme.org



Spring Youth Sports Programming

Cross Country Trail Biking

Participants will learn about Bike Inspection & Fitting, Bike Safety Education, Riding Awareness & Vision, Balance & Body Position, Braking & Stopping, Shifting & Cadence, Terrain Awareness, and an Introduction to Obstacles. This Program is suitable for Beginner, Novice, Intermediate or Advanced Riders aged 8-12 as of the start of the program. Beginner riders need to be comfortable riding a two wheel bike without training wheels and confidently be able to use hand brakes. This program will meet weekly at various locations including the Brunswick Town Commons, Topsham Trails, and Neptune Woods.

Coaching is provided by: 6 RIVERS NEMBA(New England Mountain Bike Association) Michael Romac, who has 30 years of Mountain Biking experience, will be coaching. Staff is knowledgeable and enthusiastic about teaching kids of all skill levels about Cross Country Trail Biking. They will help riders develop a positive attitude about themselves and others, as well as developing skill and comfort on their bike in different trail conditions.

Required Equipment

Helmet, Bike, Water Bottle, Comfortable clothing

The program will start with a Parent/Guardian & Rider meeting on Tuesday, May 2nd at 4:30pm at the Brunswick Town Commons. A Bike & Helmet Safety check will also be done at this meeting. Fitting for helmets and bikes will be done for those needing to use a bike for the program. Parents/guardians are welcome and encouraged (but not mandatory) to ride along with the group.

Please let us know in advance if you do not have a bike. We have a limited number of bikes available, but cannot guarantee that the available bikes will fit all riders.

Ages: 8-12 as of the start of the program

Dates: Tuesdays and Thursdays, May 2nd– May 18th

Time: 5:00pm– 6:00pm

Location: Brunswick Town Commons,
Neptune Woods Trails and Topsham Trails

Fee: \$45 Residents / \$60 Non-Residents

Instructor: Michael Romac

Coordinator: Aaron Cropley, acropley@brunswickme.org



Spring Youth Sports Programming

Fly Fishing

We are excited to offer this program for kids in grades 6-8 once again for 2023! The workshop will focus on introducing youngsters to the lifetime sport of fly fishing with an emphasis on fun and learning. Skills such as fly-casting, fly-tying, and insect identification will be developed through engaging and personal instruction. The class is structured to introduce then build upon the basics of casting and tying. The children will see examples of the aquatic insects their flies imitate. If possible, the final class will visit a local stream to find and identify insects. All equipment and materials will be provided. Class size is limited to 10

Please note—This program meets directly after school in the BJHS cafeteria. To allow for children attending from outside the school, class will begin at 2:45 pm. To accommodate children who need to take the late bus home, the class ends at 3:45.

Grades: 6-8 as of Fall 2022

Dates: Tuesday and Thursday, April 25th– May 25th

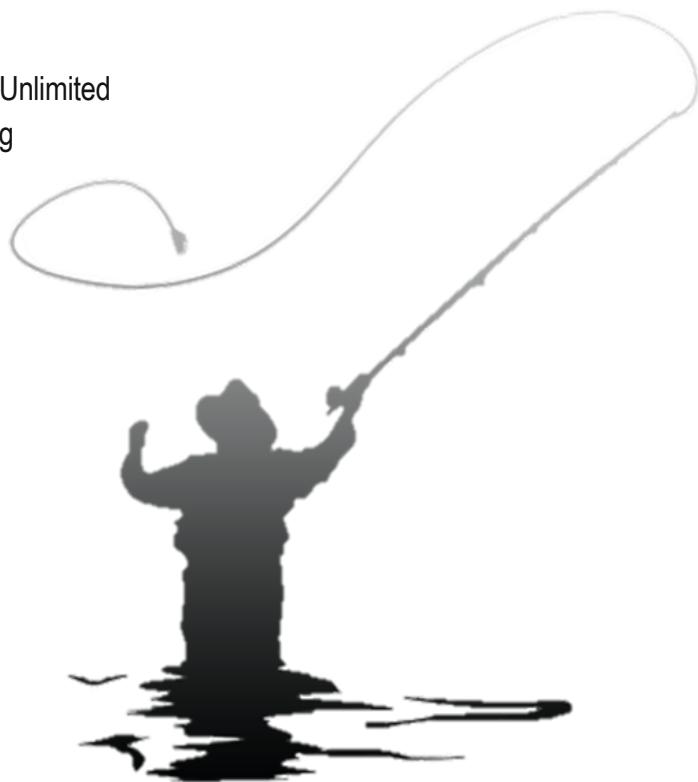
Time: 2:45pm-3:45pm

Location: Brunswick Junior High School

Fee: \$20 Residents / \$27 Non-Residents

Instructor: Jeff Bush, MerryMeeting Bay Chapter Trout Unlimited

Coordinator: Aaron Cropley, acropley@brunswickme.org



ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
BRUNSWICKME.ORG

Or stop by our office located at

220 Neptune Drive, Brunswick Maine

Office Hours: Monday - Friday from 8:00am to 4:30pm

Spring Youth Sports Programming

Kick Start Soccer

This non-competitive program will be run in a clinic format and the emphasis will be on learning in a fun environment! Children will be coached under the direction of Scott Wiercinski, Bowdoin College Men's Head Soccer Coach & Brianne Smithson, Bowdoin College Women's Head Soccer Coach. Coaches Wiercinski and Smithson, along with Bowdoin College soccer players, will instruct participants in fundamental soccer skills, rules and other aspects of the game! Station work will provide opportunities for young players to practice their skills like passing, shooting and dribbling. Bring your own soccer ball if you have one. There will be some available to use as well!

Ages: 7 & 8 as of Fall 2023

Dates: Saturdays, April 29th– May 13th

Time: 9am-10:30am

Location: Brunswick Recreation Center

Fee: \$35 Residents / \$47 Non-Residents

Instructor: Bowdoin College Varsity Soccer Coaches and Players

Coordinator: Aaron Cropley, acropley@brunswickme.org

or

Ages: 5 & 6 as of Fall 2023

Dates: Saturdays, April 29th– May 13th

Time: 10:30-11:30am

Location: Brunswick Recreation Center

Fee: \$27 Residents / \$36 Non-Residents

Instructor: Bowdoin College Varsity Soccer Coaches and Players

Coordinator: Aaron Cropley, acropley@brunswickme.org



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Office Hours: Monday - Friday from 8:00am to 4:30pm

Spring Youth Enrichment Programming

Mad Science Secret Agent Lab

Ever dream of becoming a secret agent? We'll start with the basics: From decoding messages to metal detectors and night vision, participants have the opportunity to check out spy tech equipment and take home lots of gadgets like spy glasses! Step into the shoes of a detective as you uncover the science involved in evidence gathering and analysis! Figure out the science of forensics in a hands-on look at crime scenes! Become a super spy and learn clever ways of performing tasks as we take a hands-on investigation of the science that spies use!

Grades: Grades K-5 in Fall 2022

Dates: Tuesdays, April 4th-May 30th

Time: 3:50pm-4:50pm

Location: Harriet Beecher Stowe School

Fee: \$117 Residents / \$156 Non-Residents

Instructor: Mad Science of Maine

Coordinator: Aaron Cropley, acropley@brunswickme.org

or

Grades: Grades K-5 in Fall 2022

Dates: Wednesdays, April 5th-May 31st

Time: 3:50pm-4:50pm

Location: Kate Furbish Elementary School

*KFS afterschool program permission slip required for participation

Fee: \$117 Residents / \$156 Non-Residents

Instructor: Mad Science of Maine

Coordinator: Aaron Cropley, acropley@brunswickme.org



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Office Hours: Monday - Friday from 8:00am to 4:30pm

Spring Youth Enrichment Programming



TUESDAYS
1-2PM
MAY-JUNE

**FEE: \$8 RESIDENTS,
\$10 NON-RESIDENTS**

**LOCATION: BRUNSWICK REC
CENTER FIELDS & TRAILS
(EXACT LOCATION WILL BE
SENT BEFORE PROGRAM)**

Explore the intricacies of the natural world with your little one! During this program we will go on child led hikes through the forest trails to find natural hidden gems, learn about seasonal environmental changes, and notice the creatures that live in the local habitats right in our backyard! This program is designed for preschool aged children and their caretakers. Please dress according to the weather. Check our website and social media for program changes and updates. Sessions are offered by individual dates. PRE-REGISTRATION is required and early highly encouraged as drop-ins are not guaranteed!

PTRIMBLE@BRUNSWICKME.ORG
220 NEPTUNE DR.,
BRUNSWICK, ME 12345
207-725-6656



Spring Youth Enrichment Programming

Muddy Boots

Explore the intricacies of the natural world with your little one! During this program we will go on child led hikes through the forest trails to find natural hidden gems, learn about seasonal environmental changes, and notice the creatures that live in the local habitats right in our backyard! This program is designed for preschool aged children and their caretakers. Please dress according to the weather. Sessions are offered by individual dates. Pre-registration is highly encouraged as drop-ins are not guaranteed. Check our website for program changes and updates.

Ages: Adults 18+ and Children

Dates:

Muddy Boots Session 1

Tuesdays, May 2nd-May 30th

Fee: \$8 Residents

\$10 Non-Resident

Muddy Boots Session 2

Tuesdays, June 6th-27th

Fee: \$8 Residents

\$10 Non-Resident

Time: 1-2pm

Location: Brunswick Rec Center Fields & Brunswick Landing Trails; exact location will be announced prior to the start of the program

Guide: Priscilla Trimble, Health & Fitness Director

Coordinator: Priscilla Trimble, ptrimble@brunswickme.org

Minimum of 2 participants is necessary to offer class. If this has not been 24-hours prior to the program, it will be cancelled.

Summer Day Camps

Our Summer Day camp is for children ENTERING Grades K-8th in the FALL 2023. Children will engage in a variety of activities including arts and crafts, sports, STEM projects, field games, special guests and team building activities. Grades 1-6 will have weekly field trips while 7-8th graders will spend most of their time off site with local, day trips as well as additional weekly trips. There will be NO CAMP on 6/19, 7/3, 7/4 & 8/11

Locations, times, dates subject to change

Our NEW all day Kinder Camp will be offered to children entering Kindergarten in Fall 2023 and ONLY available to Brunswick Residents due to limited spots. Camp will provide a lower staff to child ratio and is designed to offer activities on site, walking distance adventures and occasional off-site trips. Children must be potty trained.

Kinder Camp – Entering Kindergarten as of Fall 2023 ***BRUNSWICK RESIDENTS ONLY**

Location: Kate Furbish School

Dates: Monday, June 26th – Thursday, August 4th (program runs Monday-Friday)

Time: 8:00am – 4:30pm with structured programming from 9am-3pm daily ***Must be potty trained**

Imagination Camp - Entering Grade 1-2 as of Fall 2023

Location: Kate Furbish School

Dates: Tuesday, June 20th – Thursday, August 10th (program runs Monday-Friday)

Time: 7:30am – 5:30pm with structured programming from 9am-4pm daily

Explorers Camp - Entering Grade 3-4 as of Fall 2023

Location: Harriet Beecher Stowe School

Dates: Tuesday, June 20th – Thursday, August 10th (program runs Monday-Friday)

Time: 7:30am – 5:30pm with structured programming from 9am-4pm daily

Adventure Camp - Entering Grade 5-6 as of Fall 2023

Location: Harriet Beecher Stowe School

Dates: Tuesday, June 20th – Thursday, August 10th (program runs Monday-Friday)

Time: 7:30am – 5:30pm with structured programming from 9am-4pm daily

Expedition Camp - Entering Grade 7-8 as of Fall 2023

Location: Brunswick Junior High School

Dates: Tuesday, June 20th – Thursday, August 10th

(program runs Monday-Thursday, NO CAMP FRIDAYS)

Time: 8:00am – 4:00pm, most days are spent off site

**ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
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Or stop by our office located at
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Office Hours: Monday - Friday from 8:00am to 4:30pm

Summer Day Camps

Kinder Camp	Multiple Week Selection	Program Dates		Resident Fee	Early Bird Resident Fee
	3 Weeks	June 26 th -July 14 th		\$800	\$750
	3 Weeks	July 17 th - August 4 th		\$850	\$800
	6 Weeks	June 26 th - August 4 th		\$1600	\$1500
Imagination Camp, Explorers Camp, Adventure Camp (Grade 1-6)	Multiple Week Selection	Program Dates	Resident Fee	Early Bird Resident Fee	Non-Resident Fee
	4 Weeks	June 20 th -July 14 th	\$550	\$500	\$732
	4 Weeks	July 17 th - August 10 th	\$600	\$550	\$798
	8 Weeks	June 20 th - August 10 th	\$1100	\$1000	\$1463
	Individual Weekly Selection	Program Dates	Resident Fee	Early Bird Resident Fee	Non-Resident Fee
	Week 1 (4 day week)	June 20 th -23 rd (Tuesday-Friday)	\$160	<i>Not available for weekly selections</i>	\$213
	Week 2	June 26 th -June 30 th	\$200	<i>Not available for weekly selections</i>	\$266
	Week 3 (3 day week)	July 5 th -July 7 th (Wednesday-Friday)	\$120	<i>Not available for weekly selections</i>	\$160
	Week 4	July 10 th -July 14 th	\$200	<i>Not available for weekly selections</i>	\$266
	Week 5	July 17 th -21 st	\$200	<i>Not available for weekly selections</i>	\$266
	Week 6	July 24 th -July 28 th	\$200	<i>Not available for weekly selections</i>	\$266
	Week 7	July 31 st -August 4 th	\$200	<i>Not available for weekly selections</i>	\$266
	Week 8 (4 day week)	August 7 th -10 th (Monday-Thursday)	\$160	<i>Not available for weekly selections</i>	\$213
Expedition Camp	Multiple Week Selection	Program Dates	Resident Fee	Early Bird Resident Fee	Non-Resident Fee
	4 Weeks	June 20 th -July 13 th	\$800	\$750	\$1065
	4 Weeks	July 17 th - August 10 th	\$850	\$800	\$1130
	8 Weeks	June 20 th - August 10 th	\$1600	\$1500	\$2128

\$15 Sibling discount is applied to each additional child when registering for 4 or 8 weeks. Discount is not available with online registration and not available when registering for individual weeks. Contact the Rec. Dept. at recprograms@brunswickme.org to inquire about a sibling discount or call 725-6656 Monday-Friday, 8:30am-4:30pm to speak with office staff.

Alex Labbe Foundation Scholarships are available for families seeking financial assistance to attend Summer Day Camp. Scholarship applications are available at the Recreation Center or online by visiting our website.

Mid Coast Hunger Prevention Program (MCHPP) will once again offer a Summer Feeding Program for those children who qualified for free or reduced lunch during the 2022/2023 school year. This would provide a daily snack & lunch for children who meet eligibility requirements.

Summer Day Camps

Youth Hip Hop Dance Camp

Students will learn various styles of hip hop and choreography. Instruction in the fundamentals and vocabulary of hip-hop will help to round out the week. Techniques include; popping, locking, waving, isolation, breaking and tumbling. Students will also learn musicality and learn strength and conditioning. We will finish out each day with some dance games, to end on a high note. This program is open to dancers of all levels! **We are excited to announce that the final day of camp and the final demonstration will be held at Brunswick High Schools' Crooker Theater!** Any friends and family are welcome to attend the final demonstration on July 21st and should plan to arrive at 4:30pm!

Ages: Ages 8-12 as of the start of camp

Dates: Monday-Friday, July 17th-July 21st

Time: 1:30pm-4:30pm

Location: Brunswick Junior High School

Fee: \$150 Residents / \$200 Non-Residents

Instructor: Kate Andreu

Coordinator: Aaron Cropley, acropley@brunswickme.org

Teen Hip Hop Dance Camp

Students will receive instruction in jazz, hip hop and contemporary dance styles. The day will begin with high energy warm-ups with both jazz and ballet techniques. Each day will have a slightly different schedule, depending on which genre we are working on that day. We will be building 3-4 pieces throughout the week, in preparation for a showcase on Friday, July 28th. Each piece will demonstrate a different genre of dance. This is a high energy camp with an incredible amount of room for dancers to learn, grow and develop the essential techniques it will take to become a truly skilled dancer. This camp is open to all dance levels! **We are excited to announce that the final day of camp and the final demonstration will be held at Brunswick High Schools' Crooker Theater!** Any friends and family are welcome to attend the final demonstration on July 28th and should plan to arrive at 4:30pm!

Ages: Ages 13-18 as of the start of camp

Dates: Monday-Friday, July 24th-July 28th

Time: 1:30pm-4:30pm

Location: Brunswick Junior High School

Fee: \$150 Residents / \$200 Non-Residents

Instructor: Kate Andreu

Coordinator: Aaron Cropley, acropley@brunswickme.org

Brunswick Parks & Rec



About the Instructor

Kate Andreu has been in the performing arts industry for over 20 years, working on numerous performance and production projects all over the state. She is a USM alumnus with a BS in social work and minor in dance. She was choreographer for USM 5 years running and has been invited by Professor Maria Tzianabos to guest teach in the USM dance program. Kate is owner and founder of the Urban Dynamix Dance Company and dance program of Brunswick Maine. She has successfully designed and implemented dance enrichment programs, master classes and workshops in Portland, Freeport, and greater Midcoast areas. When she is not heading up these programs, Kate works as choreographer for several theater companies such as Freeport Players, Community Little Theatre, Monmouth Players and Midcoast Youth Theatre. Kate is a well-known performing arts professional with an energy level to match. She looks forward to engaging with her students and helping them find a love of dance and performance!

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Summer Day Camps

Golf For Kids

Participants will receive instruction on Grip Stance and Full Swing Techniques as well as chipping, putting and pitching instruction throughout the duration of this 4-week program. This program includes contests with the opportunity for prizes! Your own golf clubs are recommended, but some clubs are available to use for the program if needed.



(Please provide advanced notice)

About the Golf Course: The Brunswick Golf Course is a premier golf course offers an outstanding teaching facility that includes a driving range, chipping area, pitching area, putting green, and sand play.

About the Instructor

Coach Gerry has been a golf instructor in the local area and has been involved with the Brunswick Parks & Recreation Department for many years. He has experience and an extensive teaching background with youth, teens, and adults. His positive style offers a fun experience in learning the game of golf.

Ages: Ages 8-16 as of the start of camp

Dates: Thursdays, June 29th– July 20th

Time: 10am-10:45am

Location: Brunswick Golf Club

Fee: \$65 Residents / \$86 Non-Residents

Instructor: Gerry Caron, Former Bowdoin College & Former Mt Ararat Varsity Golf Coach

Coordinator: Aaron Cropley, acropley@brunswickme.org



Maineiax Lacrosse Camp

This mini-camp offers a developmentally appropriate lacrosse curriculum designed to help players of all different skill levels the chance to learn, enhance, or refine their game!

Equipment Needed

Boys: Helmet, shoulder pads, arm pads, gloves, stick, mouthguard, and appropriate footwear.

Girls: Goggles, stick, mouthguard, appropriate footwear

About Maineiax Lacrosse

Maineiax Lacrosse is a premier lacrosse club in Maine that offers programs for K-12th graders. Founded in 2009, Maineiax prides itself on a high level of organization, clear & efficient communication and elite coaching. With players from over 115 Maine towns. Maineiax Lacrosse welcomes all players to join their lacrosse family!

Grades: 3-8 as of Fall 2023

Dates: Monday–Thursday, June 26th– June 29th

Time: 9:30am-12pm

Location: Crimmins Field

Fee: \$125 Residents / \$165 Non-Residents

Instructor: Maineiax Lacrosse Coaches

Coordinator: Aaron Cropley,
acropley@brunswickme.org



Summer Day Camps

Kayaking and Stand-Up Paddleboard Camp with Sea Spray Kayaking

Spend the week paddling and having fun with Seaspray Kayaking Instructors and Guides at Thomas Point Beach in Brunswick! Participants will have the chance to play a variety of games and learn rescue and navigation skills while paddling kayaks, paddleboards and canoes. All paddlers will receive a T-Shirt and Certificate on the last day! Participants should be prepared for a change in weather conditions and bring a snack and drink each day. If a change in the schedule is made, all participants will be notified by phone.

Suggested Items to Bring: Bathing Suit/Nylon Shorts, Towel, Sunglasses/Strap, Sunblock/Hat/ Lip Balm, Windbreaker/Fleece/Rain Jacket, Water Shoes/Sandals/Old sneakers, Water Bottle/Snacks

Optional: Water Proof Camera/ Own Kayak/Lifejacket/Wetsuit

Ages: Ages 8 and Up as of the start of camp

Dates: Monday-Friday, July 17th-21st

Time: 1pm-4pm

Location: Thomas Point Beach

Fee: \$260 Residents / \$345 Non-Residents

Instructor: Sea Spray Kayaking Instructors

Coordinator: Aaron Cropley, acropley@brunswickme.org

Girls Basketball

Throughout this basketball camp, emphasis will be on skill development, fundamentals of the sport and having fun! Participants will improve their technique through skill drills and games. Sam Farrell, Head Coach of the Brunswick High School Varsity Girls Basketball program, will be leading our Summer Basketball Camp for girls entering Grades 3 – 8 in fall of 2023. Coach Farrell has been coaching basketball for the last 23 years and 18 of those years have been at the varsity level! Join Coach Farrell to improve your game over the summer!

Grades: Grades 3-8 as of Fall 2023

Dates: Monday-Thursday, July 17th-July 20th

Time: 9am-11:30am

Location: Brunswick High School Gymnasium

Fee: \$65 Residents / \$86 Non-Residents

Instructor: Sam Farrell, Brunswick High School Varsity Girls Basketball Coach

Coordinator: Aaron Cropley,
acropley@brunswickme.org

**ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
BRUNSWICKME.ORG**

Or stop by our office located at
220 Neptune Drive, Brunswick Maine
Office Hours: Monday - Friday from 8:00am to 4:30pm

Summer Day Camps

Youth Softball

The Parks and Recreation Department in conjunction with The Edge Softball Academy is offering a half day Summer Softball Camp at Orion Field. The Summer Softball Camp will focus on fundamental skill development and game simulation. Emphasis will be placed on safety, fun and skill development. Please bring a glove, wear cleats and bring clothes for warm or cool conditions. Come and join us for a fun-filled week and improve your game!

Ages: Ages 6–13 as of the start of camp

Dates: Monday-Thursday, July 10th-July 13th

Time: 9am-12pm

Location: Orion Field

Fee: \$175 Residents / \$233 Non-Residents

Instructor: The Edge Academy

Coordinator: Aaron Cropley, acropley@brunswickme.org



THE EDGE ACADEMY

Summer Baseball

The Parks and Recreation Department in conjunction with The Edge Baseball Academy is offering a half day or full day Summer Baseball Camp at Lishness Field. The Summer Baseball Camp will focus on fundamental skill development and game simulation. Emphasis will be placed on safety, fun and skill development. Please bring a glove, wear cleats and bring clothes for warm or cool conditions. Come and join us for a fun-filled week and improve your game!

Ages: Ages 7–12 as of the start of camp

Dates: Monday-Thursday, June 26th-June 29th

Time: Full Day—9am-4pm

Half Day—9am-12pm OR 1pm-4pm

Location: Lishness Field

Fee: Half Day—\$175 Residents / \$233 Non-Residents

Full Day—\$275 Residents / \$365 Non-Residents

Instructor: The Edge Academy

Coordinator: Aaron Cropley, acropley@brunswickme.org

About the Edge Academy

The Edge Academy Staff will be running the clinic. Edge Academy is unmatched in the state of Maine. Our professional instructors are all former professional players, collegiate and high school coaches. We pride ourselves and being in the forefront of all the latest technology, analytics and development that is available today. We also pride ourselves in employing some of the area's best collegiate players.

Summer Day Camps

Soccer Day Camp

The Brunswick Parks & Recreation Department and the Maine Lightning Soccer Club are excited to offer a week of soccer at Edwards Field this summer! This week promises to be a first-rate, age-appropriate experience for boys and girls so they will develop their skills, knowledge, and love of the world's most popular game! Each camper will receive a new soccer ball, a camp t-shirt, as well as a freeze pop treat each day. A rain date of August 4th will be held in the event of inclement weather.

Ages: Ages 4-14 as of October 15, 2023

Dates: Monday– Thursday, July 31st– August 3rd

Time: Ages 4-6— 8:30am-9:30am

Ages 7-14— 9am-11am

Location: Edwards Field

Fee: Ages 4-6— \$80 Residents

\$106 Non-Residents

Ages 7-14— \$130 Residents

\$173 Non-Residents

Instructor: Maine Lightning

Coordinator: Aaron Cropley, acropley@brunswickme.org



Track and Field

The Rec. Department is offering Track & Field training this summer with twice-weekly practices! Emphasis will be placed on developing and improving technique and performance in different events like sprints, distance runs, relays, hurdles, long jump, high jumps, shot put, discus, race walking & turbo javelin. Children are encouraged to practice different events according to their age, interest and ability.

Amanda Kulas, Assistant Bowdoin College Track and Field Coach, will lead this long-standing Parks and Rec program! Amanda joined the Bowdoin track & field coaching staff in the summer of 2021 and she holds USATF Level 1 Certification. Adult and student volunteers are welcome and needed to assist track staff!

Not included in this program are weekly Maine USATF Sanctioned Meets. Transportation will not be provided to track meets and guardians are responsible for chaperoning athletes. To Participate in the Meets, athletes will also need to purchase a USATF Membership online at www.usatf.org (\$25) (Membership is not needed if just participating in practices)

Ages: Ages 6-14 as of December 31, 2023

Dates: Mondays and Tuesdays, July 3rd– August 8th (No practice July 4th)

Time: Ages 6-10— 5pm-6pm

Ages 11-14— 6pm-7pm

Location: Brunswick High School Track

Fee: \$90 Residents / \$120 Non-Residents

Instructor: Amanda Kula, Bowdoin Track Coach

Coordinator: Aaron Cropley,
acropley@brunswickme.org

ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
BRUNSWICKME.ORG

Or stop by our office located at
220 Neptune Drive, Brunswick Maine
Office Hours: Monday - Friday from 8:00am to 4:30pm

Summer Day Camps

Tri-Sport Camp

Did you know that many sports medicine organizations recommend against concentrating on a specific sport? Join Brunswick High School Basketball Coach Ben Clark, High School Baseball Coach Mike McCaffrey & Soccer Coach Dallas Phillips for our Tri-Sport Basketball-Baseball-Soccer Camp!

Each day athletes will have almost 2 hours of instruction in each of the three sports with time built into the schedule for lunch and breaks. Throughout the day athletes will rotate between three sessions, one with each sport. Each session will focus on fundamental skill development for each sport with emphasis placed upon safety and fun!

Players should bring a water bottle, lunch, and hearty snacks for a morning and afternoon break. Athletes should also come to camp prepared for changing weather conditions and with clothing suitable for each session!

Grades: Grades 3-9 in Fall 2023

Dates: Monday-Friday, July 10th-July 14th

Time: 9am-4:30pm

Location: Brunswick High School

Fee: \$150 Residents / \$200 Non-Residents

Instructor:

Coach Ben Clark, Brunswick High School Basketball

Coach Mike McCaffrey, Brunswick High School Baseball

Coach Dallas Phillips, Youth Soccer

Coordinator: Aaron Cropley, acropley@brunswickme.org

Field Hockey

This clinic is a can't-miss for any field hockey enthusiast and is a great program for introductory players as well! The program provides an introduction to the sport for those who have never played, as well as skill enhancement for those who have or want to warm up before the season. Players will focus on basic skill development through a series of fun games that help players become comfortable with a stick in the field, as well as focusing on mastering fundamental skills & game situation scrimmaging. This program is led by the very experienced Karin Iuzzolino-Paquin, Former Brunswick High School Varsity Coach.

Please bring: shin guards, mouth guard, water bottle, and sneakers. Program shirt is included! Harrow Sports and a USA Field Hockey Grant have provided the Field Hockey Sticks to use if you'd like to borrow one!

Grades: Grades 3-8 in Fall 2023

Dates: Monday-Thursday, August 7th-10th

Time: 9am-11:30am

Location: Brunswick Junior High School

Fee: \$65 Residents / \$86 Non-Residents

Instructor: Karin Iuzzolino-Paquin, Former BHS Varsity Field Hockey Coach

Coordinator: Aaron Cropley, acropley@brunswickme.org

Skills Covered:

Dribbling, Passing, Receiving, Dodging, Shooting, Offensive Concepts, Defensive Concepts, Basic Rules, Game Play

Summer Day Camps

American Red Cross Swim Lessons at Coffin Pond

The Brunswick Parks and Recreation Department is offering American Red Cross Swim lessons at Coffin Pond once again this summer! Level 1: Introduction to Water Skills, Level 2: Fundamentals of Aquatic Skills, and Level 3: Stroke Development will be taught*. Level 1 Students will learn how to feel comfortable in the water and safely enjoy it. Level 2 students will learn basic swimming skills. Level 2 students should comfortably be able to put their face in the water and make a few feet of forward movement with minimal, or no, flotation. Level 3 students will engage in guided practice that will help students improve their stroke. Additionally, classes will teach children to develop good habits in, on, and near water, to become comfortable in the water, to learn and refine new strokes, and to become stronger, safer swimmers. To ensure safety of all swimmers, class size will be limited.

Lessons are taught at Coffin Pond by certified American Red Cross Instructors. Coffin Pond is an outdoor, chlorinated swimming facility that touts a zero-depth entry that is great for beginners and a 55' waterslide! Children receiving instruction at Coffin Pond will gain experience swimming in all areas of Coffin Pond and each day will include a different safety topic. Each lesson will also include a free play period where children can explore and practice their technique!

***Due to facility constraints at Coffin Pond and requirements for mastering level 3, participants in level 3 will not be eligible to pass onto level 4. Enrollment in Level 3 is only recommended for beginner or intermediate Level 3 participants who do not expect to receive a certification of mastery by the end of the session. If you have questions about this restriction, please reach out to our office to discuss whether or not it is appropriate to enroll your Level 3 swimmer in the program!**

Financial assistance is available for families who qualify. Visit brunswickme.org/parks-recreation to download our Financial Aid application. To learn more about this opportunity, email recprograms@brunswickme.org or reach out to office at 725-6656!

Ages: 5 and Up as of the start of the program

Dates: Monday and Wednesday, June 26th-July 26th*

Time: 5:15pm-6pm

Location: Coffin Pond Recreation Area, River Road in Brunswick

Fee: \$125 Residents / \$166 Non-Residents

Instructor: Mad Science of Maine

Coordinator: Madeleine Hicks, mhicks@brunswickme.org

or

Ages: 5 and Up as of the start of the program

Dates: Tuesday and Thursday, June 27th-July 27th*

Time: 5:15pm-6pm

Location: Coffin Pond Recreation Area, River Road in Brunswick

Fee: \$125 Residents / \$166 Non-Residents

Instructor: Mad Science of Maine

Coordinator: Madeleine Hicks, mhicks@brunswickme.org

***No Classes will be held the week of the 4th of July!**



Summer Day Camps

Elementary Art

Do you love art? If so, this is the camp for you! Brunswick School Art Teachers, Kari McCarthy, Rachel Carswell and Bonnie Gilman, will guide children entering grades K-5 through a variety of different art projects including drawing, painting, clay and sculpture projects. Campers will get the opportunity to work with a variety of different art mediums in a fun and creative atmosphere. All art materials are provided, but be sure to bring your own snack! Children entering grades K & 1, grades 2 & 3 and grades 4 & 5 will be grouped together in separate classrooms. There is a limit of 16 children per grade-level grouping in each session offered!

Grades: Grades K-5 in Fall 2023

Dates: Tuesday-Friday, June 20th-June 23rd

Time: 9:30am-12pm

Location: Coffin School

Fee: \$100 Residents / \$133 Non-Residents

Instructor: Brunswick School Art Teachers, Kari McCarthy, Rachel Carswell and Bonnie Gilman

Coordinator: Aaron Cropley, acropley@brunswickme.org

or

Grades: Grades K-5 in Fall 2023

Dates: Monday-Friday, June 26th-June 30th

Time: 9:30am-11:30am

Location: Coffin School

Fee: \$115 Residents / \$153 Non-Residents

Instructor: Brunswick School Art Teachers, Kari McCarthy, Rachel Carswell and Bonnie Gilman

Coordinator: Aaron Cropley, acropley@brunswickme.org

Teen Art

Bring your ideas and creative energy while you spend 5 days in our art studio learning new skills and making art! Campers will have the opportunity to explore different art concentrations including ceramics, sculpture, fiber arts, drawing and painting. All art supplies will be provided. Bring lunch and a snack!

Grades: Grades 6-8 in Fall 2023

Dates: Monday-Friday, July 10th-July 14th

Time: 9:30am-2pm

Location: Coffin School

Fee: \$225 Residents / \$299 Non-Residents

Instructor: Brunswick School Art Teachers,
Kari McCarthy, Rachel Carswell and Bonnie Gilman

Coordinator: Aaron Cropley,
acropley@brunswickme.org

**ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
BRUNSWICKME.ORG**

Or stop by our office located at
220 Neptune Drive, Brunswick Maine
Office Hours: Monday - Friday from 8:00am to 4:30pm

Summer Day Camps

Mad Science Summer Day Camp-Makers of the Future

Come one, come ALL young minds, and hop on the MAKER train! Our minds are made for MAKE-ing and this cutting edge camp is guaranteed to inspire the emerging inventor, designer, artist, engineer, and tinkerer. STEAM thinking gets activated through hands-on exploration with intelligent robots, stop-motion animation, game design, and app-enabled building blocks that teach innovation. Children engage with the inventor's cycle by snapping together electronic building blocks to create various gimzos and gadgets. Discover the FUN-damentals of programming with three intelligent robots that have big personalities. Build mechanical devices to solve problems and invent an app-enabled smart car. We move from the past to the present of game design, leading an animated character on an adventure using coding blocks. Take a look back at early animation and then move to the present using green screens to create animation shorts. MAKE and take-home an electric wiggle bot, circuit creature, moving picture device, mechanical grabber, and so much more. This camp shows every child that the future is theirs for the MAKE-ing!



Grades: Grades 1-6 in Fall 2023

Dates: Tuesday-Friday, June 20th-23rd

Time: 39am-3pm

Location: Harriet Beecher Stowe School

Fee: \$275 Residents / \$365 Non-Residents

Instructor: Mad Science of Maine

Coordinator: Aaron Cropley, acropley@brunswickme.org



Mad Science Summer Day Camp-Underground Explorers

Dig up the ancient past! Solve real-life mysteries! Kids Learn about archaeology and the techniques scientists use to excavate long lost cities! They discover ancient civilizations and the tools and artifacts they used in everyday life! They also study bone fragments, pottery shards, amber deposits, and fossils to understand what they can tell us about history! What's more, each class includes a make and take-home project, like a fossil reproduction, an amber time capsule, and coins from around the world.

Grades: Grades 1-6 in Fall 2023

Dates: Monday-Friday, July 24th-July 28th

Time: 9am-3pm

Location: Harriet Beecher Stowe School

Fee: \$315 Residents / \$420 Non-Residents

Instructor: Mad Science of Maine

Coordinator: Aaron Cropley,
acropley@brunswickme.org

ONLINE PROGRAM REGISTRATION IS AVAILABLE AT
BRUNSWICKME.ORG

Or stop by our office located at
220 Neptune Drive, Brunswick Maine
Office Hours: Monday - Friday from 8:00am to 4:30pm

Summer Day Camps

Mad Science Summer Day Camp-Junior Engineers

Put on your hard hat for this exciting week of Engineering Science! We will span the fields of Aerospace, Electrical, Structural & Mechanical Engineering. Explore the role that wind and the movement of air plays on simple flying devices, delve into Newton's Laws of Motion, create and test self-supporting structures and use your construction skills by assembling and controlling fun machines like pulleys, levers, hydraulic lifts, and robots! Put your skills to the test by building balloon racer cars, hovercrafts, cube puzzles, a hand crank flag waver, suspension bridges, rockets, and other mechanical devices. Come join us to learn how engineering helps us understand the way the world works!



Grades: Grades 1-6 in Fall 2023

Dates: Monday-Friday, August 7th-August 11th

Time: 9am-3pm

Location: Harriet Beecher Stowe School

Fee: \$315 Residents / \$420 Non-Residents

Instructor: Mad Science of Maine

Coordinator: Aaron Cropley, acropley@brunswickme.org

Robotics

The Brunswick Parks and Recreation Department, alongside Maine Robotics of the University of Southern Maine, is looking for STEM enthusiasts to join in a Robotics Camp this summer! Campers will learn about engineering and programming using the LEGO MindStorms Robotics Kit. This camp is for any level of LEGO Roboteer so it does not matter if you are a rookie or a veteran; this camp can take you and help move your skills forward! Camp starts with some basics and staff will work quickly to assess campers' knowledge and skill sets before breaking up into smaller groups!

To view frequently asked questions about camps visit camps.mainerobotics.org/2022-camp-faq.html

For more information about Maine Robotics visit camps.mainerobotics.org/.

Ages: Ages 9-12 as of the start of camp

Dates: Monday-Friday, July 24th-July 28th

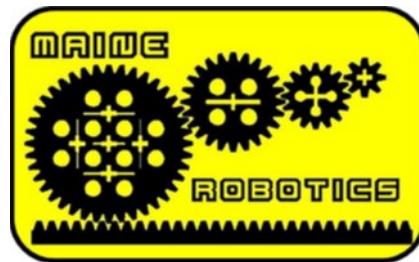
Time: 9am-3:30pm

Location: Kate Furbish School

Fee: \$350 Residents / \$465 Non-Residents

Instructor: USM Maine Robotics

Coordinator: Aaron Cropley,
acropley@brunswickme.org



Annual Bike Rodeo and Family Safety Day

28th Annual Brunswick Bike Rodeo & Family Safety Day



Free event!
Saturday, May 20
9 a.m. - NOON

Brunswick Recreation Department
220 Neptune Drive, Brunswick

*(Rain Date: Sunday, May 21
Same Time and Location)*

Bicycle and helmet give-aways!

**Bring your own bike, or
borrow one at the event.**

- Bike Registration with Brunswick PD
- Bicycle Safety Check from local professionals
- Helmet Check/Helmet Give-Aways
- Bicycle Rodeo Safety Course
- Bicycle Give-Aways



Park in designated area and continue to
Bike Registration shown on map.



Mid Coast Hospital
MaineHealth

Walmart



ADAPTIVE OUTDOOR
EDUCATION CENTER



Rotary Club of
BRUNSWICK



Kids to Parks Day

Swinging Bridge Park

*Bay Bridge Landing
Wetland Park*

**KIDS TO PARKS DAY
SATURDAY, MAY 20TH**

**A NATIONAL DAY OF
OUTDOOR PLAY!**



*Kate Furbish Preserve
East and West*

Upper and Lower Mall

**SPEND THE DAY VISITING BRUNSWICK'S PARKS AND POST
A PICTURE USING #BRUNSWICKMEPARKS TO ENTER FOR
THE CHANCE TO WIN A \$50 CREDIT TOWARDS ANY
FUTURE PROGRAM REGISTRATION AND SWAG BAG OF
OUTDOOR SPORTS EQUIPMENT FROM THE PARKS &
RECREATION DEPARTMENT!**

A WINNER WILL BE ANNOUNCED MONDAY, MAY 22ND!

Nathaniel Davis Park

Hambleton Ave Playground

**VISIT BRUNSWICKME.ORG FOR A LIST OF OUTDOOR SPACES
OR CALL 725-6656 FOR MORE INFORMATION**

*250th Anniversary
Park*

Annual Maine Backyard Campout

Brunswick Parks & Recreation Department

MAINE BACKYARD CAMP OUT

Sponsored by Brunswick
Parks & Recreation
and

MAINE RECREATION & PARK ASSOCIATION

July 7th-9th



AN ANNUAL FAMILY CAMPING ADVENTURE
IN YOUR OWN BACKYARD OR LIVING ROOM

National Park and Recreation Month

JULY IS PARK AND
RECREATION MONTH



www.nrpa.org/july

MERRELL

ACTIVE
network

Bobcat

Movies in the Park

The Northwest Brunswick Neighborhood Association
in Collaboration with Brunswick Parks & Recreation

PRESENTS

MOVIES
Third
Thursdays
in the
PARK

Free Family Fun
at Nathaniel Davis Park

Entrance beside 54 Pleasant Street in Brunswick - Free Parking

**HELD ON THE THIRD THURSDAY OF THE MONTH
THROUGHOUT JUNE, JULY AND AUGUST**

JOIN US JUNE 15TH, JULY 20TH & AUGUST 17TH, 2023

Music on the Mall Summer Concert Series

Music on the Mall, Downtown Brunswick's Summer Concert Series, presents FREE concerts Wednesday evenings at 6PM* throughout the summer on the Brunswick Town Mall. Grab a blanket or chair, bring your family and friends, order a picnic dinner or dine at a local Brunswick restaurant, then relax and enjoy great music.

BDA's Summer Concert Series



**Music
ON THE
Mall!**



DATE BAND/PERFORMER

June 28 [Blues Buzzards](#) - Classics from the past 50 years with blended harmonies and delicate instrumentation.

July 5 TBD

July 12 [Jimmy Jo and the Jumbol'Ayuhs](#) - Based in Phippsburg, the Jumbol'Ayuhs serve up music from Cajun Louisiana with a Downeast accent.

July 19 [The Cobblestones](#) - Playing a variety of songs from artists such as Mary Chapin Carpenter, Natalie Merchant, Mellencamp, CCR, Fleetwood Mac, Bonnie Raitt and many more.

July 26 [Pat Colwell and the Soul Sensations](#) - A powerful mix of Motown/Memphis Soul Music

August 2 [The Joint Chiefs](#) - Rocking Portland Maine's music scene for over a decade, driving a musical freight train through kaleidoscopes of sound.

August 9 [Bonnie Edwards & The Practical Cats](#) -

The Practical Cats are an eclectic group of seasoned musicians that know how to lay down a groove with a unique style of Blues, Jump Swing, Jazz, Vintage R&B and original music!

August 16 [Breakin' Strings](#) - Maines Premier bluegrass band and Nashville recording artists.

August 23* [MSMT](#) - Performing songs from a variety of shows.

*Concert begins at 5:30!

August 30 [Dirty McCurdy](#) - A rockin "4-piece Power Trio" that packs a whole road case full of musical spiked-punch with implements of melodic carnage like Bagpipes, Saxophone, Banjo, Keyboards, Flute, Fiddle, and Blues Harp.

MRPA Discount Tickets

Discount Tickets for sale at the
Parks and Recreation Department!



Combo Passes for Children and Adults
(children must be 48" or taller)

Your Cost: \$45.00

(Gate price \$55.00 / Savings of \$10.00)



Passes for Children (11 & Up) and Adults
ZOO ONLY

Your Cost: \$15.00

(Gate price \$17.25 / Savings of \$2.25)



General Admission Pass

Your Cost: \$22.00

(Gate price \$30.00 / Savings of \$8.00)

Sponsored by Maine Recreation and Park Association (MRPA)

Tickets must be purchased in-person during office hours,
Monday-Friday 8-4:30pm, at the Recreation Department

CASH ONLY

Tickets on Sale Now!



Coffin Pond



Open June 17 — August 13
10am-5pm each day

DAILY GATE FEES

Resident

Adult (13 & over)	\$6.00
Youth (12 & under)	\$5.00
Group Rate(50 people or more)	\$4.00

Non-Resident

Adult (13 & over)	\$9.00
Youth (12 & under)	\$6.00
Group Rate(50 people or more)	\$5.00

NEW THIS YEAR

50% OFF after 3pm Monday thru Friday!

Private Rental, perfect for Birthdays, Graduation, Reunions or work related events!

RENTALS INCLUDE:

- **Private Access to Coffin Pond from 5-7pm on Friday evenings!**
- **Certified Lifeguards on Duty!**
- **Use of the restroom facilities, playground and picnic areas!**
- **Rentals allow for up to 50 guests!**
- **Rental Fee: \$500**



Coffin Pond is located in a beautiful mature white pine forest in Brunswick, Maine. Bordered on the west by the River Road and on the east by the Androscoggin River, the area features:

- ◆ Sandy Beach
- ◆ Chlorinated water
- ◆ Red Cross Certified Lifeguards
- ◆ A 55' Water Slide
- ◆ Playground Area
- ◆ Picnic sites
- ◆ Restrooms with changing facilities
- ◆ Concession Area
- ◆ Parking
- ◆ Level I & II American Red Cross Swim Lessons offered

Coffin Pond is located on the River Road in Brunswick. Take Pleasant Street to the intersection of Pleasant Street and River Road. Turn onto River Road and travel a half mile to the entrance to Coffin Pond on the right.

Child Care

Brunswick Parks and Recreation Department Child Care

The Brunswick Parks and Recreation Department has established a WAITLIST for those who are looking for a Child Care Program for their young children ages 6 weeks to 4 years old. **Waitlist Deposit \$25**

Child Care Rates

Age	Resident Day	Resident Week	Non-Resident Day	Non-Resident Week
Infant 6 weeks—12 months	\$64	\$320	\$66	\$330
Toddler 12 –30 months	\$59	\$295	\$61	\$305
Preschool 30—60 months	\$59	\$295	\$61	\$305

DETAILS (subject to change)

- **Location:** Brunswick Recreation Center 220 Neptune Drive, Brunswick, ME
- **Age:** Accepting Children age 6 weeks - 4 years old
- **Days:** Monday - Friday from 7:00am - 5:30pm (meals not included)
- **Priority will be given to those looking for Full Time Care,** Part time will be offered based off available spots.
- **Infants: 6 weeks -12 months** Starting at \$320 per week (Increased fee for Non-Res)
- **Toddlers: 1 - 4 Years Old** Starting at \$295 per week (Increased fee for Non-Res)



HOW TO JOIN

Online:

<https://www.brunswickme.org/205/Online-Registration>

In Person: 220 Neptune Drive, Brunswick, ME 04011

Over the Phone: 207-725-6656

Email: recprograms@brunswickme.org

For more information please visit our website: <https://www.brunswickme.org/191/Parks-Recreation>

Child Care

Brunswick Parks and Recreation



NOW HIRING

**PART TIME
CHILD CARE TEACHER &
FLOATER POSITIONS**

**STARTING RATE \$16.50-\$18
5-20 HOURS/WEEK**

WORKING WITH YOUNG CHILDREN AGES 6 WEEKS TO 4 YEARS OLD

SHIFTS COULD RANGE WITHIN THESE HOURS

OPENING SHIFT: 6:30AM-10:00AM
CLOSING SHIFTS: 2:00PM-6:00PM

FMI: recprograms@brunswickme.org
or 207-725-6656
www.brunswickme.org/Jobs



Child Care Employment Positions

Employment applications are required from all applicants and are available, along with the job description, at the Human Resources Office, 85 Union Street, Brunswick, or at www.brunswickme.org. Applications will be reviewed as received and the position will remain open until a suitable candidate is found.

Applications can be submitted to:
Jody Durisko, Human Resources Manager,
85 Union Street Brunswick, Maine 04011
or emailed to jdurisko@brunswickme.org

We are an Equal Opportunity Employer. The Town of Brunswick considers applicants for all positions without regard to race, color, religion, creed, sex (including pregnancy), national origin, age, physical or mental disabilities, sexual orientation, gender identity, gender expression, genetic information, or any other basis protected by federal, state, and/or local law.

ONLINE PROGRAM REGISTRATION IS AVAILABLE AT BRUNSWICKME.ORG

Or stop by our office located at
220 Neptune Drive, Brunswick Maine
Office Hours: Monday - Friday from 8:00am to 4:30pm

Parks and Recreation Department Facilities

Here you will find information for the parks and facilities available in the Town of Brunswick. For more information on any facility, contact the Parks and Recreation Department at 207-725-6656 during business hours.

You may also download the complete Parks and Recreation A to Z listing (PDF) from our website for more detailed descriptions.

Athletic Fields

- Bicycle Path Field—Soccer
- Crimmins Field—Soccer, Football, Lacrosse
- Edwards Field—Baseball/Softball, Basketball, Soccer
- Lishness Park—Baseball/Softball, Soccer
- Shulman Park—Soccer, Lacrosse
- Stowe Field—Football, Soccer
- Wildwood Field—Soccer

Community Gardens

- Senior Garden
- Tree Nursery



Dog Parks

- Merrymeeting Dog Park

Ice Rinks

- Coffin Pond Ice Skating Rink
- Lishness Hockey Rink
- Mall Ice Skating Rink

Indoor Facilities & Gymnasiums

- Recreation Center
- Stowe Gymnasium

Dennis Wilson serves as the Town's Parks and Facility Manager and Licensed Town Arborist.

Please contact him with questions or concerns regarding tree or facilities.

Phone: 725-4207

Email: dwilson@brunswickme.org

Parks and Recreation Department Facilities

Here you will find information for the parks and facilities available in the Town of Brunswick. For more information on any facility, contact the Parks and Recreation Department at 207-725-6656 during business hours.

You may also download the complete Parks and Recreation A to Z listing (PDF) from our website for more detailed descriptions.

Playgrounds

Coffin Pond Recreation Area

Edwards Field

Hambleton Avenue Playground

Longfellow Playground

Nathaniel Davis Park

Trails

Androscoggin River Bicycle Path

Bay Bridge Landing Wetland Park

Coffin's Ice Pond

Coffin Pond Recreation Area

Cox Pinnacle

Greater Commons

Lishness Park

Maquoit Bay Conservation Land

Pejepscot Dam Recreation Area

Sawyer Park

Town Commons

For more information about a particular park,

including directions and trail maps,

please call 725-6656 or visit

<https://www.brunswickme.org/206/Parks-Facilities>

Parks & Natural Areas

250th Anniversary Park

Androscoggin River Bicycle Path

Bay Bridge Landing Wetland Park

Captain William A. Fitzgerald U.S.N.
Recreation and Conservation Area

Chamberlain Avenue Esplanade

Coffin Pond Recreation Area

Coffin's Ice Pond

Cox Pinnacle

Great Island Chain

Greater Commons

Kate Furbish Preserve

Lamb Park

Lower Mall

Maine Street Station Park

Maquoit Bay Conservation Land

Mill Street Canoe Portage

Nathaniel Davis Park

Pejepscot Dam Recreation Area

Pinette's Landing

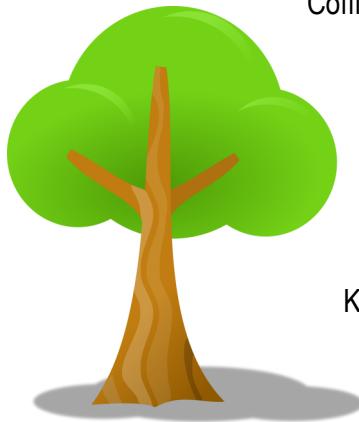
Sawyer Park

Spring and McKeen Lot

Swinging Bridge Park

Town Commons

Upper Mall



Midcoast Athletic & Recreation Complex (MARC)

Creating a state-of-the-art regional hub for wellness, sports, and play at Brunswick Landing

The Midcoast Athletic & Recreation Complex (MARC) is a redevelopment of the vacant 10-acre parcel adjacent to the Brunswick Recreation Center. Per the Town's agreement with the US Navy, this land must be used for recreation purposes. Our goal is to turn this empty lot into a recreational sports and athletic complex that serves persons of all ages and abilities from across the region. Construction of the MARC will be divided into phases.

Phase 1 of the project will include:

- One Multi-purpose Synthetic Turf Field
- One Multi-purpose Natural Grass Field
- Eight Pickleball Courts
- Two Basketball Courts
- Two Tennis Courts
- Two Playgrounds (ages 2-5)
- One Skatepark
- Passive Elements: Outer Fitness Loop, Inner Walking Paths, Entry Plaza, Bus Drop-off, Food Truck Parking, Bike Racks Benches, & Landscaping
- Utilities, Storage, and Ticket Booth

Visit <https://www.marcproject.org/>

or

Scan the QR Code for more info!



Future phases of the project will include:

- Aquatics facility
- Multi-purpose Ice Skating Rink
- Playground (ages 5-12)
- Restroom & Concessions



Midcoast Athletic & Recreation Complex (MARC)



Community Support

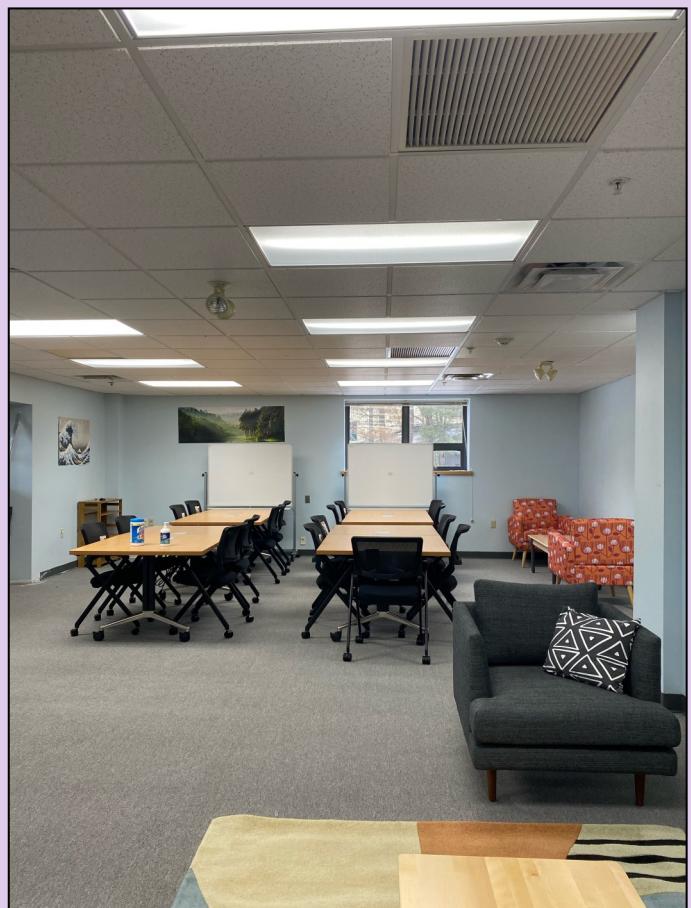
Community support for the MARC is clear. When the Town of Brunswick surveyed residents, 70% said the MARC is "Very Important". In addition to the survey, the Town held focus groups, constituent stakeholder meetings, and a public forum. Support for the MARC cuts across all demographic categories and voting districts. You can view the community engagement results by going to www.marcproject.org



Welcome Center

Community Room at the Welcome Center

The Welcome Center serves as a centralized resource for immigrants arriving in Brunswick. It provides a space for individuals accessing legal, workforce, and English language learning services and provides a hub for socializing, internet use, and childcare, among other resources. The Welcome Center is located in the back of the Brunswick Recreation Center at the Brunswick Landing. The entrance and parking lot can be found off Venture Ave.



The Community Room is staffed by Benedita Kakhuba, courtesy of the Immigrant Resource Center of Maine.

It is open by appointment only from 9am-5pm Monday thru Friday.

You may contact Benedita by calling 207-530-3634 or by emailing benedita@ircofmaine.org

Welcome Center (Translation)

Community Room at the Welcome Center

O Welcome Center serve como um recurso centralizado para os imigrantes que chegam a Brunswick. Proporciona um espaço para pessoas que accedem a serviços de habitação, legal, força de trabalho e aprendizagem de língua inglesa e fornece um centro de socialização, uso da internet, programação pós-escolar, entre outros recursos. O Welcome Center está localizado no Centro Recreativo brunswick, utilizando a entrada e estacionamento do Venture Ave.

Em parceria com o Centro de Recursos Imigrantes do Maine, o Welcome Center é com a equipa de Benedita Kakhuba e está aberto apenas por marcação das 9h às 17h de segunda-feira a sexta-feira. Você pode contactar Benedita ligando para 207-530-3634 ou enviando um e-mail benedita@ircfmaine.org

Le Welcome Center sert de ressource centralisée pour les immigrants qui arrivent à Brunswick. Il offre un espace pour les personnes qui accèdent à des services de logement, juridiques, de main-d'œuvre et d'apprentissage de l'anglais et fournit un centre de socialisation, d'utilisation d'Internet, de programmes parascolaires, entre autres ressources. Welcome Center est situé dans le centre de loisirs Brunswick, en utilisant l'entrée et le parking de Venture Ave.

En partenariat avec le Maine Immigrant Resource Center, le Welcome Center est avec l'équipe de Benedita Kakhuba et n'est ouvert que sur rendez-vous de 9h00 à 17h00 du lundi au vendredi. Vous pouvez contacter Benedita en appelant le 207-530-3634 ou en envoyant un courriel benedita@ircfmaine.org

El Welcome Center sirve como un recurso centralizado para los inmigrantes que llegan a Brunswick. Proporciona un espacio para que las personas accedan a servicios de vivienda, legales, de fuerza laboral y de aprendizaje del idioma inglés y proporciona un centro para socializar, usar Internet, programación después de la escuela, entre otros recursos. El Welcome Center está ubicado en el Centro de Recreación de Brunswick utilizando la entrada y el estacionamiento de Venture Ave.

En asociación con el Centro de Recursos para Inmigrantes de Maine, el Welcome Center está gestionado por el equipo de Benedita Kakhuba y está abierto con cita previa solo de 9 a.m. a 5 p.m. de lunes a viernes. Puede comunicarse con Benedita llamando al 207-530-3634 o enviando un correo electrónico a benedita@ircfmaine.org



Welcome Center

English Language Learning Opportunities

Midcoast Literacy offers One-on-one tutoring in speaking, reading, & writing for adult English Language Learners. Our volunteer tutors work with adult, non-native English Language Learners who want help pursuing goals such as:

- Preparing for the driver education test
- Preparing for the citizenship test
- Reading their children's papers from school
- Preparing to get a job or improving job skills
- Getting ready to take adult education courses

The Sessions

The tutoring sessions are designed by each tutor to specifically address the individual goals, needs, abilities, learning style, and personal interests of each student. The tutor plans the sessions to include materials, activities, and exercises that relate directly to the learner's individual reasons for seeking tutoring.

Conversation Café

Midcoast Literacy offers a once-a-month Conversation Café at the Welcome Center tailored for those needing to practice speaking English in a fun, laid back environment. Coffee, Tea and snacks are provided, and children are welcome to join and participate!

If you are interested in learning more about Midcoast Literacy's One-on-One English learning sessions or The Conversation Café, please contact 207-443-6384 or admin@midocastlit.org.

Portuguese:

A Midcoast Literacy oferece aulas particulares de fala, leitura e escrita para alunos adultos de inglês. Nossos tutores voluntários trabalham com alunos adultos não nativos da língua inglesa que desejam ajudar a atingir objetivos como:

- Preparação para o teste de educação do motorista
- Preparação para o teste de cidadania
- Lendo os trabalhos de seus filhos na escola
- Preparar-se para conseguir um emprego ou melhorar as habilidades profissionais
- Preparando-se para fazer cursos de educação para adultos

As sessões

As sessões de tutoria são projetadas por cada tutor para abordar especificamente os objetivos individuais, necessidades, habilidades, estilo de aprendizagem e interesses pessoais de cada aluno. O tutor planeja as sessões para incluir materiais, atividades e exercícios que se relacionem diretamente com as razões individuais do aluno para procurar tutoria.

Conversa Café

A Midcoast Literacy oferece um Conversation Café uma vez por mês no Welcome Center, feito sob medida para aqueles que precisam praticar o inglês em um ambiente divertido e descontraído. Café, chá e lanches são fornecidos, e as crianças são bem-vindas para participar!

Se você estiver interessado em aprender mais sobre as sessões individuais de aprendizado de inglês da Midcoast Literacy ou The Conversation Café, entre em contato com 207-443-6384 ou admin@midocastlit.org.

Welcome Center (Translation)

Spanish:

Midcoast Literacy ofrece tutoría individual en hablar, leer y escribir para adultos que aprenden inglés. Nuestros tutores voluntarios trabajan con estudiantes de inglés no nativos adultos que desean ayuda para alcanzar objetivos como:

- Preparación para el examen de educación vial
- Preparación para el examen de ciudadanía
- Leer los trabajos escolares de sus hijos
- Prepararse para conseguir un trabajo o mejorar las habilidades laborales
- Preparándose para tomar cursos de educación para adultos

Las sesiones

Las sesiones de tutoría están diseñadas por cada tutor para abordar específicamente las metas, necesidades, habilidades, estilo de aprendizaje e intereses personales de cada estudiante. El tutor planifica las sesiones para incluir materiales, actividades y ejercicios que se relacionen directamente con las razones individuales del alumno para buscar tutoría.

café de conversación

Midcoast Literacy ofrece un café de conversación una vez al mes en el Centro de Bienvenida diseñado para aquellos que necesitan practicar hablar inglés en un ambiente divertido y relajado. ¡Se proporciona café, té y refrigerios, y los niños pueden unirse y participar!

Si está interesado en obtener más información sobre las sesiones de aprendizaje de inglés uno a uno de Midcoast Literacy o The Conversation Café, comuníquese con 207-443-6384 o admin@midocastlit.org.

French:

Midcoast Literacy propose des cours particuliers d'expression orale, de lecture et d'écriture pour les apprenants adultes de la langue anglaise. Nos tuteurs bénévoles travaillent avec des apprenants adultes non natifs de l'anglais qui souhaitent obtenir de l'aide pour atteindre des objectifs tels que :

- Préparation à l'examen de conduite
- Préparation à l'examen de citoyenneté
- Lire les journaux de leurs enfants à l'école
- Se préparer à trouver un emploi ou améliorer ses compétences professionnelles
- Se préparer à suivre des cours d'éducation des adultes

Les sessions

Les séances de tutorat sont conçues par chaque tuteur pour répondre spécifiquement aux objectifs individuels, aux besoins, aux capacités, au style d'apprentissage et aux intérêts personnels de chaque élève. Le tuteur planifie les sessions pour inclure du matériel, des activités et des exercices qui se rapportent directement aux raisons individuelles de l'apprenant pour demander du tutorat.

Café-conversation

Midcoast Literacy propose un café de conversation une fois par mois au centre d'accueil, conçu pour ceux qui ont besoin de pratiquer l'anglais dans un environnement amusant et décontracté. Du café, du thé et des collations sont fournis, et les enfants sont invités à se joindre et à participer!

Si vous souhaitez en savoir plus sur les sessions d'apprentissage en anglais individuelles de Midcoast Literacy ou sur The Conversation Café, veuillez contacter le 207-443-6384 ou admin@midocastlit.org.

Get Involved!

The Brunswick Parks and Recreation Department Recreation Commission consists of five (5) members who are appointed by the Town Council and the Recreation Commission meets on the third Wednesday of the month at 7:00pm. The Recreation Commission has the following general powers and duties:

- The Recreation Commission shall review programs and formulate policies related to public recreation in the Town of Brunswick, including the coordination of its programs with those of other municipal departments.
- It shall be the overall responsibility of the Recreation Commission to promote, enhance and protect recreational opportunities in Brunswick in order to maintain and further develop the quality of life and objectives set forth in the Comprehensive Plan of the Town of Brunswick.
- The Recreation Commission shall be responsible to set forth policies and procedures for all programs operated and administered by the Brunswick Parks and Recreation Department.
- The Recreation Commission shall be responsible for the supervision of all recreational activities conducted by the department on all property owned by or under the control of the town, or on property not owned or under the control of the town.
- The Commission shall communicate with other recreational user groups to coordinate assistance, training, and use of facilities to collectively support extended recreational activities within the Town of Brunswick.
- The Recreation Commission shall develop an appropriate plan of maintenance based on an annual budget and CIP projections for the proper maintenance of the Recreation Department building(s) and for any other recreational structures or facilities placed under its jurisdiction by the Town Council.
- The Recreation Commission will assist in the development of an annual budget.

If the Recreation Commission does not spark your interest, considering one of the other 20+ Boards and Committees on which citizens may serve. More information can be found at our Website:

www.brunswickme.org/277/Boards-Committees

There may be other special committees not listed. Please contact the Town Clerk's office at 207-725-6658 for more information.



THANK YOU TO OUR 2022 PROGRAM AND EVENT SPONSORS!

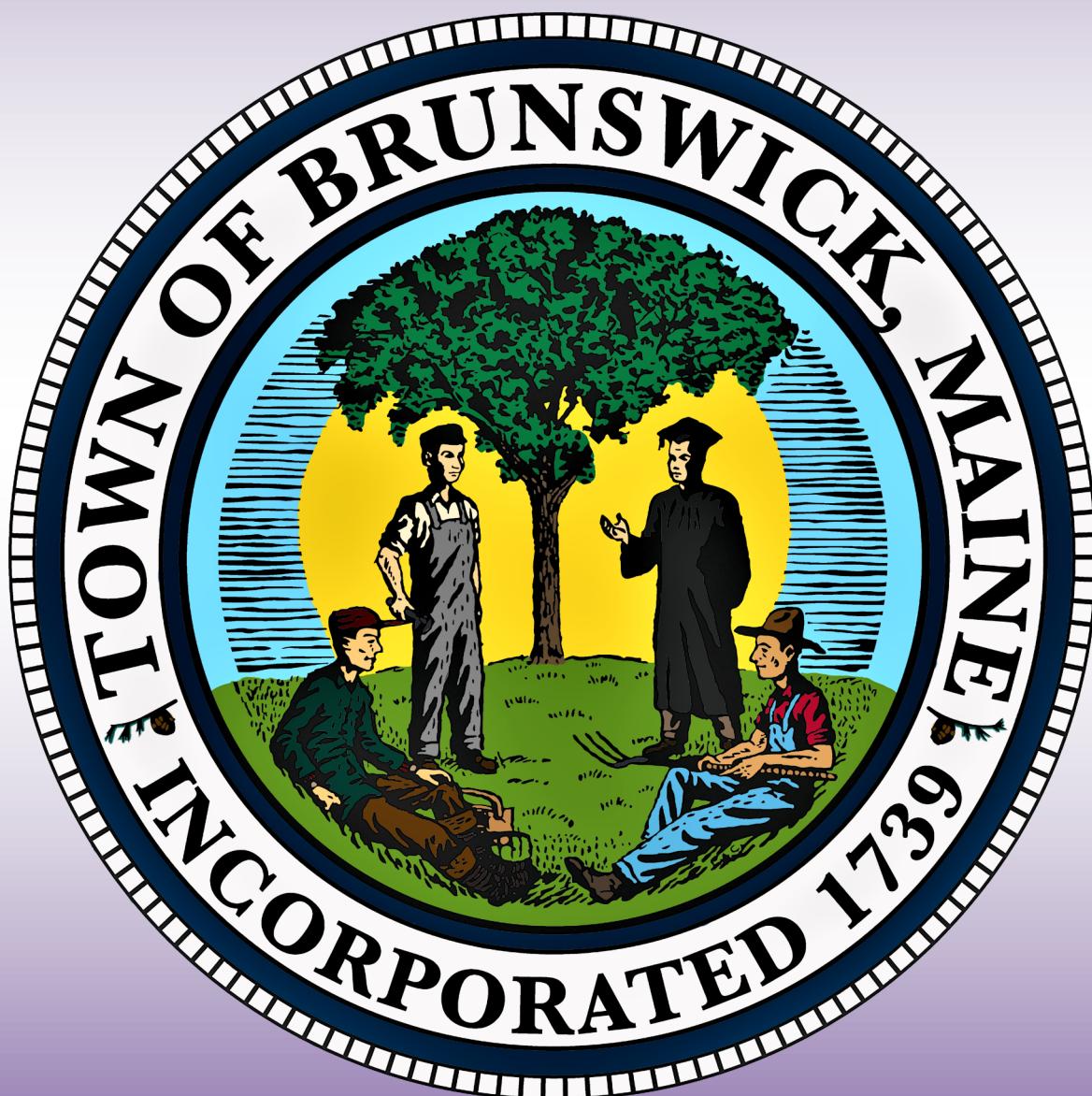
Bill Dodge Auto Group
Black Bear Bookkeeping and Accounting
Brunswick Dental Health Associates
Brunswick Eye Care
Brunswick Police Benefit Association
Brunswick Rotary
Brunswick Taxi
Casco Bay Ford
CM OrthoSolutions
Coastal Orthopedics
Cook's Door Services
Cool as a Moose
Country Fare
Data Defined, LLC
Dead River Company
Dog Bar Jim
Dunkin'
Elm Street Assisted Living
Enoteca Athena
Fleet Feet Maine Running
Frosty's Donuts
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Kennebec Savings Bank
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Lamey Wellehan
Midcoast Federal Credit Union
Morning Glory Natural Foods
New England Tent & Awning
Northeast Bank
Office of Cornelia C Viek, CPA
Ouellet Construction
Pepper's Landing
Ray Labbe & Sons
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RE/MAX RIVERSIDE-BETTINGER
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Richard's Restaurant
Riley Insurance Agency
Root, Rind & Petal
Seacoast Nutrition
Senecal Construction Services
Singer + Domingos Team Portside Real Estate
Sitelines PA
Spectrum Healthcare Partners
Taco the Town
The Butchers & Bakers
Vacuum Pressing Systems
Wally J. Staples Builders
Warming's Market
Warren Construction Group
WellTree, Inc.
Wilbur's of Maine Chocolate

Brunswick Parks & Recreation

Spring/Summer 2023

Brochure



brunswickme.org/parks-recreation | 207.725-6656
recprograms@brunswickme.org
220 Neptune Drive Brunswick, Maine 04011