



Liberty Bay's OBOT Program

What is the OBOT program?

Office-Based Opioid Treatment

OBOT is a medication-assisted treatment (MAT) program offered at Liberty Bay Recovery Center. Our OBOT program provides Buprenorphine ("SUBOXONE") to our patients. Buprenorphine is an effective medication that treats opioid dependence. It helps many individuals achieve and maintain recovery.¹ The OBOT program at Liberty Bay offers unique mid-level care, requiring fewer appointments than Intensive Outpatient Programs (IOP) while providing more behavioral support than primary care settings.

What should clients expect?

At Liberty Bay Recovery Center we understand that personal health encompasses many different aspects and that physical health is only one facet of the overall health of our clients. This is why we have adopted a broader view of personal health, enabling us to provide more comprehensive care to our clients. Our OBOT program aims to help clients achieve successful, long-term recovery.

Program Expectations:

- Required intake process with a licensed counselor
- Buprenorphine prescriptions after each medical visit
- Random drug screening and film/pill counts

Program Benefits:

- Case management, medical and clinical assessments
- Individual counseling with flexible scheduling
- Life skills training, discharge planning, and support

Accepted Insurance Providers



Liberty Bay Recovery Center is accepting OBOT clients at our facility in Portland, ME

Get on the road to recovery by calling us at 207.772.9800 Ext. 2

¹Center for Substance Abuse Treatment. Clinical guidelines for the use of buprenorphine in the treatment of opioid addiction.

Treatment Improvement Protocol (TIP) series 40. DHHS Pub. No. (SMA) 07-3939. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2004.