

# Brunswick Parks and Recreation



## WINTER 2026 Programming Brochure (December thru April)



220 Neptune Drive, Brunswick, Maine 04011

207-725-6656

[recprograms@brunswickme.gov](mailto:recprograms@brunswickme.gov)

[www.brunswickme.gov/parks-recreation](http://www.brunswickme.gov/parks-recreation)

Follow us on Social Media!



BrunswickParksandRec

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## Recreation Center Hours

Monday-Friday 6:00am - 8:00pm

Saturday 7:00am - 6:00pm

Sunday 8:00am - 4:00pm

## Town Website

[www.brunswickme.gov/parks-recreation](http://www.brunswickme.gov/parks-recreation)

## Civic Rec Online Registration

[secure.rec1.com/ME/brunswick-me/catalog](http://secure.rec1.com/ME/brunswick-me/catalog)

## Parks and Recreation Staff

**Thomas M. Farrell**  
Director  
[tfarrell@brunswickme.gov](mailto:tfarrell@brunswickme.gov)

**Sabrina Best**  
Deputy Director  
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**Dennis Wilson**  
Parks and Facilities Manager  
Town Arborist  
[dwilson@brunswickme.gov](mailto:dwilson@brunswickme.gov)

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**Aaron Cropley**  
Recreation Program Manager  
[acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

**David Coffill**  
Program Assistant  
[dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)

**Laurie Grinnan**  
Fitness and Facility Coordinator  
[lgrinnan@brunswickme.gov](mailto:lgrinnan@brunswickme.gov)

**VACANT**  
Marketing, Sponsorships, & Communications Manager

Welcome Center  
Priscila Celestina Joao  
[priscila@ircfmaine.org](mailto:priscila@ircfmaine.org)



# GENERAL POLICIES

**Registration:** Registration can occur either online at [www.brunswickme.gov/parks-recreation](http://www.brunswickme.gov/parks-recreation), in person at the Recreation Center, and over the phone. Full payment is required at the time of registration for classes.

**Residents:** Participants who live in Brunswick.

**Non-Residents:** Participants who do not live in Brunswick must pay 33% more per registration.

**Confirmations:** We do not send confirmations or reminders of enrollment. If you register for a program, you are responsible for knowing class dates, times, and location.

**Discounts:** Sibling discounts are available for Brunswick Youth Soccer League and Summer Camp.

**Refund Policy:** Brunswick Parks and Recreation seeks to provide high quality facilities and program opportunities for leisure time activities for all Brunswick residents. The fees collected through these programs go directly toward the cost of operations. This allows us to keep our rates fair while still delivering high-quality services. In many cases, expenses are incurred prior to the start of a program, which is why we have outlined the refund policy below. **All refunds will be automatically processed to the primary account holder's account. We do not provide cash refunds.**

- **If we cancel a program,** all fees will be refunded. If a program does not take place due to cancellation by Parks and Rec staff, all registration fees will be refunded in full as credit on account unless a refund check is requested. If a refund check is requested when staff cancels the program, there will be no processing fee if the request is made within 14 days of the cancellation.
- **If you withdraw** before the first session of a program (excluding weekends and holidays), you will receive a full refund (less a \$15 processing fee). Example: If a program is scheduled to begin on a Wednesday at 5pm, to receive a full refund

(minus the processing fee), you must withdraw before Wednesday at 5pm. To further clarify, withdraw means a communication with staff via phone, voicemail, email, or in person.

- **For one-day special events,** you must withdraw prior to the start of the program to receive a full refund (less a \$5 processing fee). There will be no refunds issued for requests after the one-day event occurred.
- If you are **dissatisfied** with a program after the first class, you must let the staff know before the second class of the session to receive a refund.
- In the event of an **extended illness or injury**, we will issue a prorated refund, if the program has started. We may request written notification.
- All refund requests must be received before the last session of the program. **Refunds will be denied for programs that have ended**, even if you were dissatisfied with the program or did not attend.
- If you withdraw on (or after) the day of the second session, no refund will be issued.
- **Summer Camp Refund Policy;** Prorated refunds may be issued if your camper is asked to withdraw. Prorated refunds will be calculated by week, so if your child attends Monday, then the full week will count as attended.
- **Fitness Membership Refund Policy;** memberships are non-refundable. Refunds are generally only provided in exceptional circumstances, like medical issues, and may require proper documentation.
- **All refunds will be automatically processed as a credit to the primary account holder's account.** If a refund check is requested it will take 14-21 days to process. If a refund check is requested for a cancellation made by a participant, there will be a \$15 processing fee. If a refund check is requested when staff cancels the program, there will be no processing fee if requested within 14 days of the cancellation.

## CELL PHONE POLICY

- Patrons are allowed to use cell phones for music and fitness-oriented apps while wearing headphones or earbuds.
- We ask patrons to NOT use technology to photograph or videotape anywhere in the Fitness Center.
- In addition, we DO NOT PERMIT conversational phone use, facetime, or any other video conversations in the Fitness Center.
- Please refrain from scrolling through social media, texting, or taking selfies in between sets while others are waiting to use equipment in Fitness Center.

# Youth Basketball League

## Youth Basketball Grades 3-8

Experience the fun and excitement of playing basketball! Youth basketball emphasizes the development of fundamental basketball skills and positive youth sports values such as teamwork, respect, and sportsmanship. The program consists of one 1-hour weeknight practice and one Saturday game each week. Equal playing time is one of the goals of the program.

Your child is expected to participate in a scrimmage/evaluation night at Brunswick Rec Center Gym on the date listed below. Players will be placed in groups and scrimmage in order for Recreation staff to assess the experience and skill level of players as they attempt to form balanced teams. Participation is important for the creation of fair and evenly balanced teams!

**Registrations must be processed by Friday, November 7th.**

### **Scrimmage Evaluation Nights at The Brunswick Rec Center Gym:**

#### **Grades 3-4: November 11**

Scrimmage times: Girls 5:30-6:15pm and Boys 6:30-7:15pm

#### **Grades 5-6: November 12**

Scrimmage times: Girls 5:30-6:15pm and Boys 6:30-7:15pm

#### **Grades 7-8: November 13**

Scrimmage time: 6:00-7:00pm (coed)

*Please indicate during registration if there is a potential conflict in your family's schedule that needs to be considered for team placement and practices!*

*Teams are put together based on careful evaluations to make them fair and balanced. Unfortunately, we cannot accommodate requests to change teams.*

### **Important Dates:**

**Coaches Meeting:** Wednesday, November 19 at 5:30pm, Brunswick Recreation Center

**Team Placement:** You will be notified starting Friday, November 21 by the team coaches

**First Week of Practices:** Week of December 1

**Practice and Game Schedules:** Will be provided by coaches during practices the week of December 1

**First Game:** Saturday, December 6 (No games Dec. 27) Games will be played through Saturday, Jan. 24

### **Basketball League for Grades 3/4**

\$80 Brunswick Residents/ \$106 Non-Residents

Players in grades 3-4 will play in separate gendered divisions and will have one 1-hour weekday practice and one Saturday game. Players will receive a reversible jersey prior to the first day of games.

### **Basketball League for Grades 5/6**

\$95 Brunswick Residents/ \$125 Non-Residents

Players in grades 5-6 will play in separate gendered divisions and will have one 1-hour weekday practice and one Saturday game. Players will receive a reversible jersey prior to the first day of games. If there are insufficient numbers to support two leagues, we will combine to form a coed league in order to give everyone an opportunity to play!

*TEAMS IN THIS LEAGUE WILL COMPETE AGAINST REC TEAMS FROM BATH AND FREEPORT — Games will be played at the Brunswick Recreation Center, Freeport Middle School, Durham Central School, and Woolwich Central School*

### **Basketball League for Grades 7/8**

\$95 Brunswick Residents/ \$125 Non-Residents

Players in Grades 7-8 will be placed on combined teams and will have one 1-hour weekday practice and one Saturday game. Players will receive a reversible jersey prior to the first day of games.

# Youth Sports Programs

## Kids on the Court

Offered as a skills and drills program, coaches and volunteers will guide children through skills work with an emphasis on dribbling, passing, shooting, and scrimmaging in small groups. For more info, click on session times below.

**Ages:** Grades 1 and 2 (Brunswick Residents ONLY)

**Days:** Saturdays, Dec 13, 2025 to Jan 24, 2026 (No Session on 12/27)

**Location:** Harriet Beecher Stowe School Gym

**Sessions:** 8:30am OR 9:30am

**Fee:** \$75 Residents (Brunswick Residents Only)

**Coaches:** Adam Caron and Ryan Soucie, with the assistance of varsity high school basketball players and adult volunteers.

**Coordinator:** Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)

## Start Smart Basketball

Children, alongside an adult, will work together with the assistance of an instructor to learn the basics of dribbling, ball handling, shooting, passing, catching, running and agility. For more info, click on time preferred below:

**Ages:** 3-5 (as of the start of the program) and their guardians

**Dates:** Tuesday and Thursday, January 6-22

**Time:** 4-4:45pm OR 5-5:45pm

**Location:** Brunswick Recreation Center

**Fee:** \$75 Residents / \$100 Non-Residents

**Instructor:** Anthony "Ant" Martin

**Coordinator:** Aaron Cropley

[acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## Elks Hoop Shoot (Ages 8-13)

Brunswick and Topsham Parks and Recreation Departments, in conjunction with the Brunswick Lodge B.P.O., Elks No. 2043, will be holding the annual subordinate lodge level of the Elks National "Hoop Shoot" Free Throw Contest. For more info, click on age below. (Age determined as of age on April 1, 2026.)  
8 – 9, 10 – 11, 12 – 13.

**Ages:** 8-13

**Date:** Saturday, December 27, 2025

**Time:** 10am–12pm (check in at 9:30am)

**Location:** Brunswick Recreation Center  
220 Neptune Drive, at Brunswick Landing

**Fee:** Free (Pre-registration required)

**Instructor:** Parks and Recreation Staff

**Coordinator:** Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)

## FUNDamental Basketball

This co-ed program focuses on teaching the introductory skills of basketball, using drills and small-sided games to learn dribbling, passing, shooting, defense, body awareness and movement.

**Grade:** K

**Dates:** Tuesdays and Thursdays, Feb 3 - March 5  
(No Class 2/17 or 2/19)

**Time:** 5-5:45pm

**Location:** Brunswick Recreation Center

**Fee:** \$75 Residents / \$100 Non-Residents

**Instructor:** Anthony "Ant" Martin

**Coordinators:**

Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)



COME JOIN US

# SPECIAL OLYMPICS BASKETBALL

A program for K-5th graders who experience disabilities of physical, social, communicative, and/or cognitive challenges!

Brunswick Parks and Recreation is proud to partner with Special Olympics Maine to offer this program at no charge!



**About your instructor:**  
Haley Bernier has been working with children with disabilities since 2007. She is a State of Maine certified special education teacher and holds a Behavioral Health Professional Certification. Haley is passionate about providing opportunities for athletes of all abilities.

Saturdays (March 7-28, 2026) from 1:00-1:45 pm at Harriet Beecher Stowe School

Children in the program will be supported by a parent or guardian familiar with the child (at least 18 years old) and will work together with the assistance of an instructor and other volunteers to learn the basics of basketball. We can't wait to see you there.

**Brunswick**  
maine  
Parks and Recreation

FOR MORE INFO, VISIT CIVIC REC, CLICK ON YOUTH PROGRAMS



# Mid-Winter Classic

## Basketball Tournament

**44th Annual Boys' and 24th Annual Girls'**

**Feb 16-21 at Harriet Beecher Stowe School**  
**\$225 entry fee for 7th and 8th Grade**  
**Girls' and Boys' Teams**

# March Basketball

## Tournaments

**\$225 entry fee at Brunswick Recreation Center**

**3rd/4th Grade Boys — March 6-8    6th Grade Boys — March 20-22**  
**3rd/4th Grade Girls — March 14-15    5th Grade Girls — March 28-29**  
**5th Grade Boys — March 20-22    6th Grade Girls — March 28-29**

Teams interested in participating, email [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)

## **Looking to Sponsor?**

### **\$250 - Half Court Sponsor**

Logo on promotional items  
Social Media shout outs

### **\$500 - Full Court Sponsor**

Large logo on Event Shirt  
Logo on promotional items  
Social Media shout outs

# Youth Sports Programs



## Wrestling Clinic

Ever wanted to try out wrestling? Looking to hone your wrestling skills? Come join us for six evening clinics in April. Any ability is welcome. Bring your wrestling gear if you have some. Emphasis will be placed on safety, rules, learning, strategy, and fun! All abilities and experience levels are welcomed. Each wrestler will be matched with a child of similar weight.

Participants will be split into two age groups

**Ages:** 5-9 as of November 1, 2025

**Dates:** Tue/Thurs Nov 6 - Dec 2

**Time:** 5pm - 6pm

**Location:** Brunswick Recreation Center

**Fee:** \$51 Residents / \$68 Non-Residents

**Instructors:** Jeff Dolley, Richard Chipman Donald Hyde

**Coordinator:** Aaron Cropley,

[acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## Community Swim at Bowdoin College

Come warm up and get some exercise with our open swim program. For more info, individual and family.

**Ages:** Ages 4 and up

**Dates:** Sundays, Jan 11 – March 8

**Time:** 1:30pm-2:30pm

**Location:** Greason Pool at Farley Field House

**Fee:** Residents: \$75/person, \$100/ family

Non-Residents: \$100/person, \$133/family

**Coordinator:** Aaron Cropley

[acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## Indoor Early Bird Golf

Participants will receive instruction on grip, stance and full swing techniques as well as chipping, putting and pitching instruction throughout the duration of this 4-week program.

**Ages:** Ages 8-16

**Dates:** March 3 - March 24

**Time:** Tuesdays, from 5-5:45pm

**Location:** Harriet Beecher Stowe School

**Fee:** \$80 Residents / \$106 Non-Residents

**Instructor:** Gerry Caron

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## Indoor Track and Field

Located at the Rec Center's indoor track, this program helps develop and improve technique and performance in running, jumping and throwing events. For more info, click on age group below.

**Ages:** Ages 5-15

**Dates:** Mon/Wed January 5-28

**Times:** Ages 5-11 from 5:30pm-6:30pm

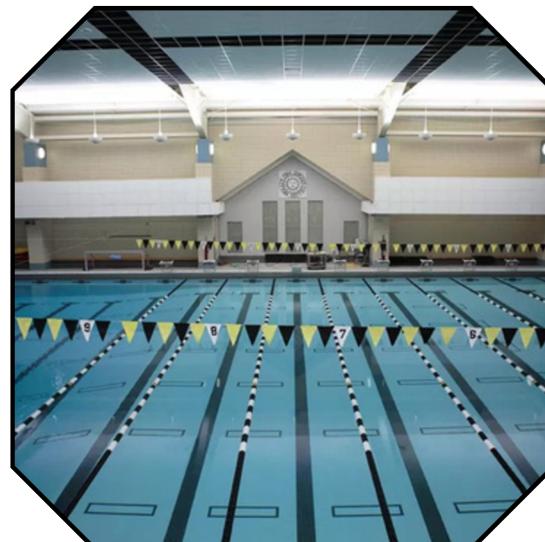
Ages 5-15 from 6:30-7:30pm

**Location:** Brunswick Recreation Center

**Fee:** \$75 Residents/ \$100 Non-Residents

**Instructor:** Becca Fisk

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)



# Youth Sports Programs

## Youth Pickleball

Want to learn the fine art of the lob shot and overhead smash? Take weekly lessons on how to play the wildly popular game of pickleball. Limited to 6 players.

**Grades:** 6-8

**Dates:** Monday, Feb 9 - March 23 (no class 2/16)

**Time:** 4-5:30pm

**Location:** Brunswick Recreation Center

**Fee:** Brunswick Residents/\$40; Non-Residents/\$54

**Instructors:** Richard Cromwell and Linda Noddin

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)



## High School Co-Ed Dodgeball

Grab some friends and build a team for this fun, recreational league. You need a minimum of 8 players per team.

**Grades:** 9-12

**Dates:** Thursdays, Feb 26 - March 26

**Time:** 6-8pm

**Location:** Brunswick Recreation Center

**Fee:** Brunswick High School Students \$150 / team

**Coordinator:** Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)



## Youth Outdoor Recreation

### Learn to Ski and Snowboard at Lost Valley

In partnership with Lost Valley, we're thrilled to offer ski and snowboard lessons, rentals and lift tickets at our group rate for the 2025 program season. Registration is limited to Brunswick residents only. Registration will open on November 1<sup>st</sup> and must be completed by **December 15** directly through the Lost Valley website: [lostvalleyski.com/brunswick](http://lostvalleyski.com/brunswick)

**Ages:** 7-14 by December 1, 2025

**Lesson Dates (8 weeks):** Wednesdays, Jan 7-March 4 (No lesson 2/18)

**Time:** From 5:45pm-7pm

**Location:** Lost Valley Ski & Snowboard Area, 200 Lost Valley Road, Auburn, Maine 04210

**Lesson & Lift Ticket:** \$347 (No Rental)

**6 Week Equipment Rental:** \$249 (Lesson Fee Not Included)

**Lift Ticket Only(3pm-8pm):** \$297 (No lesson or Rental)

**Instructor:** Lost Valley Ski and Snowboard School Staff

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

# Youth Enrichment

## Youth Hip Hop Dance

Kids will get up and MOVE to their favorite tunes in this program where they'll learn trending hip-hop choreography and technique, while developing their understanding of rhythm, body awareness, and self-expression! For more info and to register, click on desired session below.

**Grades:** 2-5

**Fall Session II:** Mondays, Oct 27–Dec 8

**Winter Session I:** Mondays, Jan 5–Feb 23 (No class 1/19 or 2/16)

**Winter Session II:** Mondays, March 9–April 13

**Time:** 4pm-5pm

**Location:** Harriet Beecher Stowe School Gym

**Fee:** \$90 Residents / \$120 Non-Residents

**Instructor:** Kate Andreu

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## Tiny, Tappy Toes – Tap and Ballet

Learn the basic techniques of tap, ballet and creative movement steps in this fun combo class. Dance teaches self confidence, balance, and coordination. Additionally, it keeps a child's mind and body working together. For more info and to register, click on desired session below.

**Age:** 3-6 as of Session start date (must be potty trained)

**Fall Session II:** Mondays, Oct 27–Dec 8

**Winter Session I:** Mondays, Jan 5–Feb 23 (No class 1/19 or 2/16)

**Winter Session II:** Mondays, March 9–April 13

**Time:** 5:15pm-6pm

**Location:** Harriet Beecher Stowe School Cafeteria

**Fee:** \$90 Residents / \$120 Non-Residents

**Instructor:** Kate Andreu

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)



## Mad Science-Ready, STEM, Go!

In this program, children learn foundational science and find out how STEM is at work in the world around them! They learn about the animal kingdom, both on land and under the sea. They make mixtures and explore the science of motion and energy. They also discover the technology that powers our modern world.

**Grades:** K-5

**Dates:** Tuesdays, Jan 13 - March 10 (No Class 2/17)

**Time:** 3:50pm-4:50pm

**Location:** Kate Furbish Elementary School

**OR**

**Dates:** Thursdays, January 15 - March 12 (No Class 2/19)

**Time:** 5:00pm- 6:00pm

**Location:** Brunswick Recreation Center Childcare space

**Fee:** \$219 Residents / \$291 Non-Residents

**Instructor:** Mad Science of Maine Staff

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)



# Youth Enrichment

## PLAY & LEARN GROUP

AGES 5 & UNDER



Welcoming little ones to explore, play, and socialize in a new, engaging atmosphere.

Mats, tunnels, balls, and a variety of new toys will be available.



**JANUARY  
6, 13, 20, 27  
TUESDAYS  
9:30AM-11:30AM**

**Pre-register for the Month: \$12 for 4 classes  
Drop-in (cash only): \$5 per class  
\$1 off Sibling discount per class**

**\*Children must be accompanied by an adult**

TO REGISTER VISIT:

[HTTPS://SECURE.REC1.COM/ME/BRUNSWICK-ME/CATALOG](https://secure.rec1.com/me/brunswick-me/catalog)

OR SCAN THE QR CODE-->

LOCATION: BRUNSWICK REC CENTER

PLEASE PARK & ENTER THROUGH  
BACK ENTRANCE OFF VENTURE AVE

# Afterschool, Vacation, & Summer Camps

## Afterschool Club

This program runs throughout the school year and offers various games and activities, including: gym games, arts and crafts, and playground time!

**Grades:** 3-5

**Dates:** Sept 8, 2025 through June 16, 2026

**Time:** 3pm (end of day dismissal) - 5pm

**Early Release Days:** 12:15pm - 5pm

**Location:** Harriet Beecher Stowe School

**Fee:** Varies with number of days the program runs each month. \$15/day for each day program is held.

**Instructor:** Cherie Viscardi and Brunswick Rec Staff

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## February and April School Vacation Camp

Vacation Camp is a full day enrichment program that runs the week of school vacation and offers games, sports, arts and crafts, theme days and special events.

**Grades:** K-6

**Dates BJR:** Tuesday– Friday, February 17-20

**Dates HBS:** Tuesday– Friday, April 21-24

**Time:** 8am-5pm

**Location:** February: BJRHS- April: HBS

**Fee:** \$225 Brunswick Residents / \$299 Non-Residents

**Instructor:** Brunswick Parks and Rec Staff

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)



## SUMMER CAMP 2026

Prices, Locations, Scholarships - JANUARY 6, 2026

Registration opens - FEBRUARY 3, 2026

# THANKS TO OUR SPONSORS!

Many of our events and program rely on financial support for community members and organizations. These contributions keep participation fees low so more children can experience the benefits of youth programming.

Please consider making a contribution towards one of our teams, programs, or events!

Contact us for more info: 207-725-6656 or [recprograms@brunswickme.gov](mailto:recprograms@brunswickme.gov)



United Lodge #8

WOODHULL



**DUNKIN'**  
Rotary  
Club of Brunswick

**Richard's**  
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Moncure & Barnicle  
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**CARROT SIGNS**

**REFORM**  
PHYSICAL THERAPY  
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Certified Public Account, Tax Preparer, CPA



**CASCO BAY**  
Ford  
Brunswick  
**TAXI**



NEW ENGLAND  
TENT & AWNING



21 Greenwood Rd. Brunswick, ME 04011  
Phone: 725-7700 Fax: 725-7701  
Email: [builders@wjsbuilders.com](mailto:builders@wjsbuilders.com)  
[www.wjsbuilders.com](http://www.wjsbuilders.com)

# Health and Fitness

## Machines 101

Join us as we tour the cardio area and weight room. Get basic instructions on how to use your preferred machine or fitness equipment. Get your questions answered! Discuss the benefits of certain exercises and fitness program plans. We can also go over membership pricing and details, equipment questions, and future programming. Learn more when you register through one of the dates below. No cost.

### **Registration is required.**

**Dates:** Dec: 3, 10, 17, Jan: 14, 21

Feb: 11, 18, Mar: 11,18

Apr: 8, 15, 22

**\*Dates subject to change\***

**Time:** 5pm-6pm

**Location:** Meet in the Lobby

**Fee:** Free

**Coordinator:** Laurie Grinnan, [lgrinnan@brunswickme.gov](mailto:lgrinnan@brunswickme.gov)



## Fitness Assessment

Wondering where to start on your fitness journey? Consider a 30-minute fitness assessment to equip you with all the tools to get started! [Learn more](#).

**Dates:** Based off of client and trainer's availability

**Time:** 30 minutes

**Fee:** \$35

**Coordinator:** Laurie Grinnan, [lgrinnan@brunswickme.gov](mailto:lgrinnan@brunswickme.gov)

## One-on-One Personal Training

This program is designed for a one-time session to meet with one of our personal trainers. For more info, click on session of interest.

**Dates:** Based off of client and trainer's availability

**Location:** Weight Room

### 1-1 Personal Training 1 Hour

**Fee:** \$60

### 1-1 Personal Training 2 Hours (\$10 saving)

**Fee:** \$110

### Personal Training 3 Hours (\$30 saving)

**Fee:** \$150

**Coordinator:** Laurie Grinnan, [lgrinnan@brunswickme.gov](mailto:lgrinnan@brunswickme.gov)

## Fitness Center Rules

- Participants must be at least 14 years old and accompanied by an adult at all times if under 16.
- Participants must report all injuries to BRC staff. In emergency, dial 911 before reporting to staff.
- Show respect for the equipment, facility, and towards others.
- Do not move or rearrange the equipment and/or exercise machines, unless otherwise permitted.
- No horseplay or loud offensive language will be tolerated.
- Please report any damaged or broken equipment to BRC staff immediately.
- Use a spotter when lifting heavy weights and please do not drop or throw the weights.

- Keep hands and loose clothes away from weight stacks, cables, and pulleys. Limit use of cardio machines to 30 minutes when others are waiting.
- Proper attire is required at all times. Please do not leave personal items lying around. Use provided locker area.
- Do not take pictures or videos of others without consent.
- Please use headphones when listening to music.
- Please clean up after yourself and wipe off equipment with provided materials after use.
- Track use is limited to walking and running only. Use clean non-marking gym shoes on courts, track, and exercise spaces.
- Consult your physician prior to engaging in physical activity.

# Fitness Center Equipment

The Strength Room features the strength and conditioning equipment listed below:

- Matrix Ultra Dependent Arm Curl
- Matrix Ultra Back Extension
- Matrix Ultra Converging Chest Press
- Matrix Ultra Diverging Lat Pulldown
- Matrix Ultra Leg Extension
- Matrix Ultra Leg Press
- Matrix Ultra Rear Delt / Pec Fly
- Matrix Ultra Diverging Seated Row
- Matrix Ultra Converging Shoulder Press
- Matrix Ultra Triceps Press
- Matrix Ultra Hip Adductor/Abductor
- Matrix MG Lat Pulldown
- Matrix MG Seated Row

- Matrix MG Vertical Bench Press
- Matrix Aura Lat Pulldown
- Matrix MG-PL62 Smith Machine
- Magnum VKR w/Chin
- Matrix Aura 5-Stack Multi-Station
- Matrix Aura 4-stack Multi-Station
- Matrix Aura - Adjustable Cable Crossover
- Matrix Aura Seated Row
- Matrix Aura - Triceps Pressdown
- Magnum Full Power Rack
- Connexus Stability Step
- Kettlebells, Slamballs, Strength Bands, Resistant Tubes, Free Weights, Tri Plyo Box, and Sled with moveable parts



\$20/mo for  
Brunswick  
residents

Pro Members  
have access to  
strength and  
cardio areas.

Our Cardio Area includes a stretching and yoga area and the cardio machines listed below:

- 4 Rowing Machines
- 2 Performance Climbmills with Touch Console
- 5 Performance Treadmills with Touch Console
- 4 Performance Elliptical Trainers with Touch Console
- 2 Performance Recumbent Cycle with LED Console
- 2 Performance Upright Cycle with LED Console
- 2 Schwinn Air Bikes with LED Console
- 1 Hand Bike
- 1 Ski Erg



For pro membership information, including discounts, please email our Fitness and Facility Coordinator, Laurie Grinnan, [lgrinnan@brunswickme.gov](mailto:lgrinnan@brunswickme.gov) or call 207-725-6656.

# Adult Sports and Leagues

## Round Robin Pickleball Tournament

The indoor Round Robin Pickleball Tournament is a fun, yet competitive event where everybody will play with and against somebody random! Round Robin Tournaments will be held monthly through April of 2026 and all proceeds will go towards Brunswick Parks and Recreation Department Pickleball programming!

**Pre-registration is required.**

**Time:** 5:30pm

**Dates:** Friday Jan 30 Feb 27, March 27, April 24

**Location:** Brunswick Recreation Center

**Fee:** \$30/team

**Coordinator:** Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)

## Introductory Indoor Pickleball Lessons

Looking to learn more about the fastest growing sport in the country? Join the fun! No experience necessary. We have a selection of paddles and pickleballs for players to use during the session.

**Days/Times:** Tues 4:30-6pm/Thurs 1-2:30pm

(Check CivicRec for available dates)

**Location:** Brunswick Recreation Center

**Fee:** \$10 Residents / \$13 Non-Residents

**Coordinator:** Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)

## Dodgeball League

Dodgeball is part of Brunswick Landing's Adult Intramural Sports League in collaboration with Wild Oats Bakery and Flight Deck Brewery.

**Days:** Tuesdays, Feb 3-March 17 (No games 2/18)

**Location:** Brunswick Recreation Center

**Times:** 6-8pm

**Fee:** \$200 per team

**Coordinator:** Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)

## Pick-Up Indoor Pickleball

- 2 courts for a drop-in style play and allows adults to play many times throughout the week All levels welcome
- Selection of paddles and pickleballs are available for players to use during the session
- At the Brunswick Recreation Center Gym
- \$2 Brunswick resident, \$3 Non-Brunswick resident (10-Punch Passes Available)
- Check the weekly building schedule on the website or Facebook for times and days.

## Intermediate Indoor Pickleball Lessons

Looking to take your game to the next level? These four intermediate lessons will focus on 3 key areas to improve:

- Strategy
- Court Position
- Control

**Days:** 4 Mondays

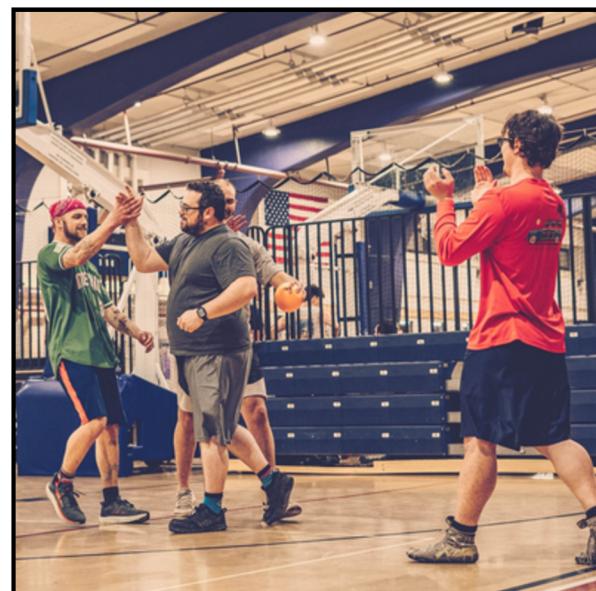
(Check CivicRec for available dates)

**Location:** Brunswick Recreation Center

**Times:** 4-5pm

**Fee:** \$80/Brunswick Residents \$130/Non-Residents

**Coordinator:** Dave Coffill, [dcoffill@brunswickme.gov](mailto:dcoffill@brunswickme.gov)



**Have another sport you would like to see offered?**

**Contact us at 207-725-6656.**

# Adult Sports and Leagues

## Over 35 Basketball League

Brunswick Parks and Recreation has been offering an Adult Basketball League for over 40 years. The League will start in December with an 8-game regular season followed by a seeded, double elimination tournament. Sign-ups are open for teams and individuals. There must be a minimum of 8 adults per roster.

**Age:** determination is based on players' age on their birthday in 2025.

**Dates:** Sundays, Dec 7 - March 29

**Location:** Brunswick Recreation Center

**Times:** 12:30pm, 1:30pm and 2:30pm, depending on the number of teams in the league.

**Fee:** \$1025 / team or \$130/person

**Coordinator:** Aaron Cropley

[acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## Pick-Up Volleyball

We're excited to introduce Adult Pick-Up Volleyball at Harriet Beecher Stowe School! These sessions are designed for all abilities to come and have fun while exercising! You can even join in on the fun if you have never played volleyball before. All abilities and experience levels are welcome!

**Age:** 18 and up

**Dates:** Wednesdays, Oct 29 - Feb 11

(No session on 11/26, 12/24, 12/31, 2/19, and 4/22)

**Location:** Harriet Beecher Stowe School

44 McKeen Street, Brunswick

**Fees:** \$33 Residents / \$46 Non-Residents

**Times:** Oct - Feb the sessions will run from 8pm until 9:30 (due to youth basketball practices being held earlier).

The Feb.25-May 20 session time will be from 6pm until 8pm.

**Coordinator:** Aaron Cropley [acropley@brunswickme.gov](mailto:acropley@brunswickme.gov)

## Pick-Up Basketball

- Open to men and women 18+
- Free
- Teams are made on the fly and games are any version the group chooses (3v3, half court, full court, pressing, slow down, 5v5 etc.)
- No officials, so call your own fouls
- Brunswick Rec Center, Courts 1 or 2
- Check the [weekly building schedule](#) on the website or Facebook.



Have another sport you would like to see offered?

Contact us at 207-725-6656.



# Be Involved Jobs

Looking for your first job?

A career in Parks and Recreation?

Maybe you love working with kids and want to be a camp counselor or coaching?

Email: [hr@brunswickme.gov](mailto:hr@brunswickme.gov) or check the Town's employment page for more info  
on full-time and part-time positions:

<https://www.brunswickme.gov/797/Employment-Opportunities>

## Volunteer Opportunities

Contact us for volunteer opportunities if you want to:

- Fulfill volunteer hours to graduate
- Donate your time as a coach
- Work a special event
- Help wherever you're needed with our youth and adult programming

Email: [recprograms@brunswickme.gov](mailto:recprograms@brunswickme.gov) for more info.

## Sponsorships

Sponsoring a program is a great way to reach the community where you do business. There are lots of opportunities for businesses to participate. You could:

- Volunteer with your work mates to clean up a local trail
- Sponsor a club, team, division or event
- Coach a team
- Donate in-kind items or services

Email: [recprograms@brunswickme.gov](mailto:recprograms@brunswickme.gov) for more info.

# Be Involved

The Brunswick Parks and Recreation Department's Recreation Commission consists of five members who are appointed by the Town Council. The Commission meets on the third Wednesday of the month at 7:00pm and has the following general powers and duties:

- The Recreation Commission shall review programs and formulate policies related to public recreation in the Town of Brunswick, including the coordination of its programs with those of other municipal departments.
- It shall be the overall responsibility of the Recreation Commission to promote, enhance and protect recreational opportunities in Brunswick in order to maintain and further develop the quality of life and objectives set forth in the Comprehensive Plan of the Town of Brunswick.
- The Recreation Commission shall be responsible to set forth policies and procedures for all programs operated and administered by the Brunswick Parks and Recreation Department.
- The Recreation Commission shall be responsible for the supervision of all recreational activities conducted by the department on all property owned by or under the control of the town, or on property not owned or under the control of the town.
- The Commission shall communicate with other recreational user groups to coordinate assistance, training, and use of facilities to collectively support extended recreational activities within the Town of Brunswick.
- The Recreation Commission shall develop an appropriate plan of maintenance based on an annual budget and CIP projections for the proper maintenance of the Recreation Department building(s) and for any other recreational structures or facilities placed under its jurisdiction by the Town Council.
- The Recreation Commission will assist in the development of an annual budget.

If the Recreation Commission does not spark your interest, consider another one of the other 20+ Boards and Committees on which citizens may serve. More information can be found at our website: [www.brunswickme.gov/277/Boards-Committees](http://www.brunswickme.gov/277/Boards-Committees)

There may be other special committees not listed. Please contact the Town Clerk's office at 207-725-6658 for more information.

# 58th Annual Ski and Skate Sale

Sunday, November 2

1-4 pm at Brunswick Recreation Center

All proceeds support  
Brunswick Parks  
and Recreation  
Department  
Programs.



Interested in  
selling items?  
Scan here!



For more information Ski and Skate, contact Parks and Recreation at 725-6656, [recprograms@brunswickme.gov](mailto:recprograms@brunswickme.gov) or [www.brunswickme.gov/Parks-Recreation](http://www.brunswickme.gov/Parks-Recreation)





# Valentine Ball

## Saturday, February 7, 2026

From 5pm-7pm

### At Harriet Beecher Stowe School Gym

For adults and children in grades 1-6

**Children must be accompanied by an adult**

♥ Brunswick Residents:  
Adults —\$35 Per person  
Children—\$5 Per person

♥ Non-Residents:  
Adults—\$47 Per person  
Children—\$7 Per person

# Midcoast Athletic and Recreation Complex (the MARC)

**Creating a state-of-the-art regional hub for wellness, sports, and play at Brunswick Landing**

The MARC is a redevelopment of the vacant 10-acre parcel adjacent to the Brunswick Recreation Center. Per the Town's agreement with the US Navy, this land must be used for recreation purposes. Our goal is to turn this empty lot into a recreational sports and athletic complex that serves all ages and abilities from across the region. Construction of the MARC will be divided into phases.

## Completed Phase 1 Tier 1A in June 2024

- 8 Pickleball Courts
- 1 Skatepark
- 1 Walking Loop

## Completion of Phase 1 Tier 1B in June 2025

- Playground for ages 0-5

## Other Phase 1 elements yet to be completed include:

- 1 Multi-purpose Synthetic Turf Field
- 1 Multi-purpose Natural Grass Field
- 2 Basketball Courts
- 2 Tennis Courts
- 1 Playground (ages 5-12)

Future phases of the project will include:

- Aquatics facility
- Multi-purpose Ice Skating Rink
- Restroom and Concessions



Scan the QR Code for more info!

For project updates visit [www.marcproject.org](http://www.marcproject.org)

For Skatepark and Pickleball Court schedules and programs, visit  
[www.brunswickme.gov/parksandrecreation](http://www.brunswickme.gov/parksandrecreation)



Visit the MARC at 220 Neptune Drive on Brunswick Landing

# Welcome Center

## Community Room at the Welcome Center

The Welcome Center serves as a centralized resource for immigrants arriving in Brunswick. It provides a space for individuals accessing legal, workforce, and English language learning services and provides a hub for socializing, internet use, and childcare, among other resources. The Welcome Center is located in the back of the Brunswick Recreation Center at the Brunswick Landing. The entrance and parking lot can be found off Venture Ave.

The Community Room is staffed by the Immigrant Resource Center of Maine. It is open by appointment only from 9am-5pm Monday thru Friday. You may contact IRC staff by calling 207-520-9425 or by emailing at [priscila@ircofmaine.org](mailto:priscila@ircofmaine.org)



O Welcome Center serve como um recurso centralizado para os imigrantes que chegam a Brunswick. Proporciona um espaço para pessoas que accedem a serviços de habitação, legal, força de trabalho e aprendizagem de língua inglesa e fornece um centro de socialização, uso da internet, programação pós-escolar, entre outros recursos. O Welcome Center está localizado no Centro Recreativo brunswick, utilizando a entrada e estacionamento do Venture Ave.

Em parceria com o Centro de Recursos Imigrantes do Maine, o Welcome Center é com a equipa de Jonathan Francois e está aberto apenas por marcação das 9h às 17h de segunda-feira a sexta-feira. Você pode contactar Priscila ligando para 207-520-9425, e-mail [priscila@ircofmaine.org](mailto:priscila@ircofmaine.org)

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Le Welcome Center sert de ressource centralisée pour les immigrants qui arrivent à Brunswick. Il offre un espace pour les personnes qui accèdent à des services de logement, juridiques, de main-d'œuvre et d'apprentissage de l'anglais et fournit un centre de socialisation, d'utilisation d'Internet, de programmes parascolaires, entre autres ressources. Welcome Center est situé dans le centre de loisirs Brunswick, en utilisant l'entrée et le parking de Venture Ave.

En partenariat avec le Maine Immigrant Resource Center, le Welcome Center est avec l'équipe de Jonathan Francois et n'est ouvert que sur rendez-vous de 9h00 à 17h00 du lundi au vendredi. Vous pouvez contacter Priscila en appelant le 207-520-9425 ou en envoyant un courriel [priscila@ircofmaine.org](mailto:priscila@ircofmaine.org)

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El Welcome Center sirve como un recurso centralizado para los inmigrantes que llegan a Brunswick. Proporciona un espacio para que las personas accedan a servicios de vivienda, legales, de fuerza laboral y de aprendizaje del idioma inglés y proporciona un centro para socializar, usar Internet, programación después de la escuela, entre otros recursos. El Welcome Center está ubicado en el Centro de Recreación de Brunswick utilizando la entrada y el estacionamiento de Venture Ave.

En asociación con el Centro de Recursos para Inmigrantes de Maine, el Welcome Center está gestionado por el equipo de Jonathan Francois y está abierto con cita previa solo de 9 a.m. a 5 p.m. de lunes a viernes. Puede comunicarse con Priscila llamando al 207-520-9425 o enviando un correo electrónico a [priscila@ircofmaine.org](mailto:priscila@ircofmaine.org)

# BRUNSWICK RECREATION CENTER

The Recreation Center features a strength room, cardio area, basketball and pickleball courts, and an indoor track. The Fitness Center, track and courts will be open anytime the Recreation Center is open, please check the weekly schedule for any changes or updates due to programming and events. This building is also home to the Parks and Recreation Department administrative offices and the Welcome Center. The Welcome Center is open by appointment ONLY, Monday—Friday from 9:00am-5:00pm

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## Amenities

- Two Basketball Courts that are regularly converted to Indoor Pickleball Courts. Multiple time slots throughout the week are available for individuals or families use the courts. This service is free and we offer some basic equipment to use.
- Open Use = Any age use
- Family Open Use = Use by families (Adults and Children)
- K-12 Open Use = Use for grades K-12 (under 13 requires adult supervision)
- High School Use = Use for grades 9-12
- Adult Open Use = Adults 18+
- Lobby with ample seating and storage for outerwear and outdoor shoes
- Indoor Track: 2 lane, one-way direction, track with distance of 1/9 of a mile
- Cardio Fitness Area and Strength and Conditioning Area (Included with Paid Membership Only)
- Full locker rooms complete with bathroom facilities and showers
- Beverage and snack vending machines
- Informational pamphlets and maps of Brunswick's outdoor spaces
- Abundant parking for those looking to access Rec Center or area trails
- Free, public Wi-Fi access

## Reminders

- Children under 11 years old must be accompanied by an adult at all times.
- No rollerblades, roller-skates, strollers, skateboards, allowed on track
- Wheeled walking aids, canes and wheelchairs permitted
- No amplified music played through speakers allowed
- Use cubbies and hooks in lobby to store personal items or store in locker room
- Locks are available for your purchase at Main Office
- The Recreation Department is not responsible for items lost or stolen—Please lock up your valuables!

## Recreation Center

### **Hours**

Sunday 8am-4pm

Monday - Friday 6am-8pm

Saturday 7am-6pm

### **CLOSED:**

Easter Sunday

Memorial Day

Independence Day

Labor Day

Thanksgiving Day

Christmas Day

## Parks and Recreation Administrative Office

### **Hours**

Monday-Thursday 8am-4:30pm

### **CLOSED:**

New Year's Day

Martin Luther King, Jr. Day

President's Day

Patriot's Day

Memorial Day

Juneteenth

Independence Day

Labor Day

Indigenous Peoples' Day

Veterans Day

Thanksgiving Day

Christmas Day

# Brunswick Recreation Center

All users of the Rec Center are required to provide personal ID information upon entering the building, as well as complete a building use waiver. Upon completing membership documentation, users will be given a membership tag that will be scanned at the main entrance of the building each visit. Access to the Fitness Center is based on enrollment into a Pro Level Membership or by purchasing a Day Pass. Pro members, as well as Day Pass users, will need to scan a membership tag in order to gain access to the Fitness and Cardio spaces. These spaces feature strength and conditioning equipment, a stretching and yoga area, free weight equipment, and many cardio machines. For more info about Open Gym or the walking track, please email [recprograms@brunswickme.gov](mailto:recprograms@brunswickme.gov), call 725-6656, or visit our website: [www.brunswickme.gov/parks-recreation](http://www.brunswickme.gov/parks-recreation)

## Basic Membership

Basic Membership to the Recreation Center is free for Residents and Non-Residents of Brunswick. Basic Members have access to the locker room facilities, the walking track and courts during open hours. Day Passes are available for Basic Members looking to utilize the fitness and cardio spaces on a day-by-day. Paid programming requires a separate fee.

## Pro Membership

Includes full access to strength and cardio spaces and equipment in addition to the amenities included in the Basic Membership.

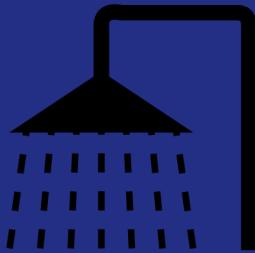
## SilverSneakers Pro Membership

SilverSneakers comes automatically with qualifying Medicare health insurance plans. Eligible Medicare beneficiaries just need to get a SilverSneakers membership card to show staff. Contact your health insurance plan to find out if SilverSneakers is covered, or visit the SilverSneakers website to check eligibility online. If you're eligible, then you can fill out the SilverSneakers form online to get and print your membership ID card to bring to the Brunswick Rec Center! SilverSneakers members have access to all amenities provided to Pro Members!

MEMBERSHIP	DETAILS	RESIDENT	NON-RESIDENT
BASIC	Includes access to track and court during open hours (does not include paid programs)	FREE	FREE
PRO	Includes access to strength and cardio spaces	\$20/Month \$220/Year (1 month Free with Year Pass, \$20 savings)	\$30/Month \$330/Year (1 month Free with Year Pass, \$30 savings)
DAY PASS	PRO level membership for a day	\$5/Day	\$10/Day

**\$5 OFF monthly discount for active military, adults age 65+ and students.**  
Discounts apply to month/year rates, cannot be combined and must show ID.

# BRUNSWICK RECREATION CENTER



Locker Rooms,  
Restrooms and  
Showers



Free Wifi



Charging  
Station

**The Brunswick Recreation Center is open to the  
General Public if you:**

- **Lose power**
- **Need a place to charge your devices**
- **Need to take a shower**

**These services are available for free,  
during regular open hours.**

220 Neptune Drive, Brunswick, ME

(207) 725-6656

[www.brunswickme.gov/parks-recreation](http://www.brunswickme.gov/parks-recreation)

[recprograms@brunswickme.gov](mailto:recprograms@brunswickme.gov)

# Parks and Recreation Department Facilities

Here you will find information for the parks and facilities available in the Town of Brunswick. For more information on any facility, contact the Parks and Recreation Department at 207-725-6656 during business hours. You may also download the complete Parks and Recreation A to Z listing (PDF) from our website for more detailed descriptions at [www.brunswickme.gov/206/Parks-Facilities](http://www.brunswickme.gov/206/Parks-Facilities), which will also give you more information about a particular park, including directions and trail maps.

## Playgrounds

- Coffin Pond Recreation Area
- Edwards Field
- Hambleton Avenue Playground
- Longfellow Playground
- MARC Playground
- McKeen Landing Park
- Nathaniel Davis Park

## Trails

- Androscoggin River Bicycle Path
- Bay Bridge Landing Wetland Park
- Coffin's Ice Pond
- Coffin Pond Recreation Area
- Cox Pinnacle
- Greater Commons
- Kate Furbish Preserve
- Lishness Park
- Maquoit Bay Conservation Land
- Merrymeeting Park
- Pejepscot Dam Recreation Area
- Sawyer Park
- Town Commons

## The MARC

- Skatepark
- Pickleball Courts
- Walking Loop

## Community Gardens

- Senior Garden
- Tree Nursery

## Ice Rinks

- Coffin Pond Ice Skating Rink
- Lishness Hockey Rink
- Mall Ice Skating Rink

## Parks and Natural Areas

- 250th Anniversary Park
- Androscoggin River Bicycle Path
- Bay Bridge Landing Wetland Park
- Captain William A. Fitzgerald U.S.N.
- Recreation and Conservation Area
- Chamberlain Avenue Esplanade
- Coffin Pond Recreation Area
- Coffin's Ice Pond
- Cox Pinnacle
- Former Maine Gravel
- Great Island Chain
- Greater Commons
- Kate Furbish Preserve
- Lamb Park
- Lower Mall
- Maine Street Station Park
- Maquoit Bay Conservation Land
- Merrymeeting Park
- Mill Street Canoe Portage
- Nathaniel Davis Park
- Pejepscot Dam Recreation Area
- Pinette's Landing
- Sawyer Park
- Spring and McKeen Lot
- Swinging Bridge Park
- Town Commons
- Upper Mall

## Gateways and Beautification

- 250th Anniversary Park
- Cooks Corner Gateway
- Maine Street Flowers
- Mill Street Lot
- Pleasant Street Gateway

## Boat Launches

- Barnes Landing
- Bay Bridge Landing Wetland Park
- Maquoit Landing (Wharton's Point Landing)
- Mere Point Boat Launch
- Mill Street Canoe Portage
- Pejepscot Dam Recreation Area
- Princes Point Landing
- Sawyer Park
- Simpson's Point Landing
- Water Street Boat Landings

## Athletic Fields

- Bicycle Path Field–Soccer
- Crimmins Field–Soccer, Football, Lacrosse
- Edwards Field–Baseball/Softball, Basketball, Soccer
- Lishness Park–Baseball/Softball, Soccer
- Shulman Park–Soccer, Lacrosse
- Stowe Field–Football, Soccer, Rugby, Field Hockey
- Wildwood Field–Soccer

## Dog Parks

- Merrymeeting Dog Park



Dennis Wilson serves as the Town's Parks and Facility Manager and Licensed Town Arborist.

Please contact him with questions or concerns regarding tree or facilities.

Phone: 725-4207

Email: [dwilson@brunswickme.gov](mailto:dwilson@brunswickme.gov)