

People Plus!

THE CENTER THAT BUILDS COMMUNITY SINCE 1976



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Brunswick Town Manager
85 Union Street
Brunswick, ME 04011

Dear Julia,

February 2025

In our 49th year of People Plus, and 20th (!) year of the Brunswick Area Teen Center, we are excited that our "growing old and growing better" trend continues! With over 30,000 visits to these two programs in 2024, it is clear our organization brings unequaled value and vital services to both older adults and teens in the Town of Brunswick!

On behalf of the People Plus organization, I am requesting a funding appropriation of \$250,000 for the organization for the Fiscal Year 2025-2026. This represents funding of \$210,000 for older adult programming/35 Union Street and \$40,000 for the Brunswick Area Teen Center Program (BATC) – newly located in the Coffin School building. This is an increase of \$10K for each program.

The town's generous support will help to fund our increasing programming, facilities and outreach – serving membership totals of over 1,600 seniors and 250 teens. We had over 25,000 Senior Center visits and the BATC has grown from 120 monthly visits to an average of 550 in their new location!

In 2024, we collectively served over 10,000 meals to our older and younger members; offered hundreds of education and exercise classes; grew our outreach services for at-risk seniors and teens; provided 40,000 miles of free transportation; loaned out 264 pieces of medical equipment; and took both seniors and teens on dozens of outdoor adventures and field trips! Additionally, 1,025 residents attended the Senior Health Expo at the Brunswick Recreation Center, which featured over 100 local businesses, services and programs as well as 375 flu/COVID vaccines administered!

As with everyone, our expenses have continued to increase, including payroll, utilities, insurance, food and general operating costs. Our income has remained steady from last year, and we continue to generate income to cover nearly 2/3 our total budget of \$750,000. Our Music in April and Gelato Fiasco Scoop-a-thon fundraising events raised a combined total of \$100,000!

We at People Plus feel that the Senior and Teen Center, our staff, the volunteers and the Town of Brunswick are a team providing vital services to our growing senior and teen populations.

Thank you very much for your continued support!

Sincerely,

Stacy Frizzle-Edgerton
Executive Director
People Plus

The Center that builds Community since 1976!



People

Plus!

THE CENTER THAT BUILDS COMMUNITY SINCE 1976

Town of Brunswick

Budget and Member stats/information 2024

The numbers kept increasing in 2024!

As we begin **FORTY-NINE YEARS** as a Senior Center, and **TWENTY YEARS** as the Brunswick Area Teen Center Program, we have seen many of our programs more than double in a year with thousands of happy faces and valuable fun, engaging and health-improving visits to the Center. We couldn't create life-changing, vital experiences that serve the residents of the Town of Brunswick without the financial support and partnership of the Town. Together we have created an incredibly valuable Senior Center and Teen Center Programs that enrich not only the lives of our older adult population and the youth in this town; but also all the residents who use the Center for evening and weekend programming, rentals, memorials, fund-raisers and more. This year we saw an increase in members, classes, clubs, games and meals at the Center, had thousands of deliveries of groceries, food pantry boxes, meals and prescriptions – AND provided over 33,000 miles of FREE transportation - keeping area residents healthy, happy, engaged and safe! *The services at the Center benefit our entire community and the in-home services show home-bound elders they are not alone.*

But we don't just ask Brunswick for funding; we work diligently to raise the remaining +\$400,000 that keep the doors open, including our legendary **Music in April Dinner Gala and Live/Silent Auction** and the **Gelato Fiasco Scoop-a-thon** fundraisers! These events have brought in over \$825K for the organization! Along with grant funding, business sponsors, membership and programming income, as well as many other income sources; we cobble together our funding, enabling us to provide incredible services for our seniors, teens and community.

People Plus Members

Total Members - 1,656

Lifetime Members - 236

Brunswick - 830

Topsham - 214

Harpswell – 134

Bath/West Bath – 63

Bowdoinham/Bowdoin -28

Other areas/out of state – 151

Teen Center Program

Total Members - 250

Visits are up by 67% in new location!

Brunswick - 228

SAD 75 - 6

Total visits approx. - 5500 (up from 3300-67%!)

Total meals/snacks approximately – 10,000

Total free minivan rides – 1,600

People Plus Center Visits – 25,000

Club visits - 7114 (up from 2,941 in 2023 - 142%)

Class visits - 7,994 (up from 4,500 in 2023 – 78%)

Congregate Meals - 2967 (up from 1960 in 2023 – 51%)

Grocery/Pharmacy deliveries - 2,475

Takeaway Meals - 2,089

Gleaners produce - 1,505 lbs.

Volunteer Transportation Network - (FREE)

Registered Riders total – 925 (up from 828)

Registered Drivers: total – 167 (up from 148)

TOTAL rides – 3,940 (up from 3,521)

Mileage driven-total – 33,378 (up from 33,120)

PROGRAMMING AT THE SENIOR CENTER IN MARCH!

FYI! State of the Birds: Decades of Change

Thu, Mar. 13, 1:30 pm. Bird populations in Maine are continually changing. During this talk Nick Lund, Maine Audubon's Advocacy and Outreach Manager, will talk about the last few decades and discuss which species are disappearing, which are increasing, and then look ahead to wonder what the future of Maine birds might be. Free, open to the public. Registration required - call 729-0757

Lunch/Learn: Understanding Alzheimer's and Dementia Mon, Mar. 24, 12 pm.

Amy Angelo, Senior Program Manager at the Alzheimer's Association, Maine Chapter, will present the difference between dementia & Alzheimer's, 10 warning signs, importance of early detection, new advances in research and therapies, what the Alzheimer's Association does, and how to get involved. Bring your lunch or grab a cup of our free soup! We'll provide drinks, chips and dessert. Free, open to the public. Registration required.

Intro to Contra Dancing - Thursday, May 6, 1:30 pm

Free, open to the public. With Instructor Cindy Larock. *Note: This class was planned especially as a "warm-up" for the jam-packed program of contra dancing and related folk dance & music activities offered at the annual DownEast Country Dance Festival, which will take place at the Orion Performing Arts Center & Mt. Ararat Middle School in Topsham on Saturday, March 29.*

AARP Tax Help: Feb - April

Tax Help will begin Tuesday, Feb. 4 at the Center and will be ALL day on Tuesdays and Thursdays UPSTAIRS this year. They will be taking over the TC space!

Notes: during Feb - April, bridge will need to be in the cafe area. On the first two Thursdays of the month in Feb - April, bridge won't start until 9:30, after breakfast. On the third Thursday in Feb and March, there will be no bridge due to lunch.

This year, tax clients will meet with the tax preparers upstairs. They will not wait in their cars.

Monday Munchies - Mondays, 11:30 - 12:30 pm

Join us for free soup on Mondays donated by Mid Coast Hunger Prevention Program - usually a delicious soup!

NEW - Movie Mondays at Eveningstar Cinema - Third Monday of every month, 1:30 matinee Movie tbd. Movie is open to the public, but PP members get a special rate of \$10 with free popcorn.

Learn to Play Mah-Jongg! Louise Burgess, active People Plus Mah-Jongg player, would love to teach you how to play! She is available, by appointment, during Mah-Jongg (Mon/Wed mornings) or Game Day (Tues 1-3 pm). Lessons are about an hour and she hopes to have 4 people per session. Call Sarah to be connected with Louise to schedule your session! Free, members only.

Apple Device Tutoring is back! 4th Thursday of the month, 9:30 - 12 noon. One-on-one Apple device tutoring sessions. Bring your iPhone, iPad, Macbook, etc. Members only, by

appointment, call 729-0757. Call after the first of the month to book your appointment. With Bill Perry.

Apple Club is back - 4th Thursday of the month - Bill Perry

Wednesday Walkers: 1:00 pm

Wednesday, Mar. 5 - Planning meeting at People Plus plus a walk at Crystal Springs

Wednesday, Mar 12 - Thorne Head, Bath

Wednesday, Mar 19 - Swinging Bridge Walk

Wednesday, Mar. 26 - Popham Beach

Game Day - Tuesdays, 1:00 - 3:00 pm

Open game time using 2nd floor space. We've added a puzzle table as well!

Women's Breakfast - Thursday, Mar. 6, 8:30 am

Men's Breakfast - Thursday, Mar. 13, 8:30 am

Lunch and Connections - Thursday, Mar. 20, 12:00 pm - Traditional Irish lunch

Wear Green!

Lunch Out - Tuesday, Mar 11, 11:30 am -

Medicare 101, Tuesday, Mar. 11, 12:30 pm

Nancy (who teaches Medicare 101) may start 2 appointments each month on the Tuesday 101 day for people that need more one-on-one time. She would hold them in SG office before the meetings. More info to come....

History Book Club, Monday, Mar. 17, 7:00 pm

Ukulele Club - Tuesday, Mar. 11, 2:30 pm. (fyi - The normal coordinators are in Florida for the winter but there is a sub who will coordinate the meetings.)

NEW COLLETTE TRIP:

Magical Rhine and Moselle Rivers Cruise - already 8 signed up!!

September 13 - 21, 2026

FIRST COME, FIRST SERVED for cabins. Book today!

Highlights include 7-night river cruise, Rhine and Moselle Rivers, Cologne, Cochem, Lorelie Passage, Mannheim, Speyer, Strasbourg, Breisach, Freiburg

FMI <https://gateway.gocollette.com/link/1289576>

Spotlight on Tuscany - Oct. 1 - 9, 2025

Highlights include Montecatini Terme, Lucca, Gothic Line, Winery Tour, Florence, Montecatini Walking Tour or Siena, Pisa, Cooking Class, Cheese Farm, San Gimignano

European Christmas Markets - December 13 - 21, 2025

Highlights include: Prague's Christmas Markets, Prague Castle, Choice on Tour: Vltava Boat Tour or Jewish Heritage Tour, Dresden's Christmas Markets, Cesky Krumlov, Vienna's Christmas Markets, Viennese Candy Workshop, Train Ride to Bratislava, Budapest's Christmas Markets, Matthias Church, Fisherman's Bastion

Shades of Ireland - April 2 - 11, 2026

Highlights include: Dublin, Irish Evening, Kilkenny, Waterford, Blarney Castle, Killarney, Jaunting Car Ride, Ring of Kerry, Limerick, Cliffs of Moher, Sheepdog Demonstration, Galway, Castle Stay.

Music in April - Save the Date!

Gala is Saturday, April 5 from 5-9 pm. Online auction will run from April 1 - 30.

Note - Set-up for event will occur Friday night, April 4 starting about 5 pm. Set up will continue all day Saturday. Clean-up is Sunday morning about 9-11 am. Volunteer duties will be assigned for the event.

Looking for auction items - please let Jill know if there is a drop-off so paperwork can be filled out! Deadline is March 7 (but we can accept after that).

Tickets are now on sale - \$50 or 2 for \$90.

Gelato Fiasco Teen Center Scoop-a-thon - Save the Date - Wednesday, April 30

Current Rentals:

Brunswick Coin and Stamp once per month

Toastmasters - every other Tuesday (new - once a quarter they will hold their leadership meetings so time changes a little bit)

Belly Dancing with Josephina - 2nd and 4th Wednesdays, and Thursday nights - through next June

Brunswick Folk Dance - Friday nights

English Country Dancing - 1st Wed of each month, Nov - April, then May - October - 1st and 3rd Wednesdays

Meditation class rental on one Sunday each month - taking a break for the winter and will be back in the spring.

Private rental Folk Dance event - May 10

People Plus Budget Projections					
Projection Year Ending 2025-2026					
		2023-2024 PRIOR	2024-2025 CURRENT	2025-2026 PROJECTED	Percent change 23/24 to 25/26
1	Income				
2	40000 · Senior Self Generated Income				
3	41110 · Facility Usage (rental) Income	\$ 7,895.00	\$ 8,000.00	\$ 8,000.00	1.3%
4	41140 · Concessions/Coffee Shop	\$ 50.00	\$ 50.00	\$ 50.00	0.0%
5	41240 · Newspaper Advertising	\$ 13,500.00	\$ 13,000.00	\$ 13,000.00	-3.7%
6	42200 · United Way Community Outreach	\$ 8,400.00	\$ 8,500.00	\$ 8,500.00	1.2%
7	42220 · United Way VTN	\$ 6,500.00	\$ 6,500.00	\$ 6,500.00	0.0%
8	42221 · United Way Direct Designations	\$ 1,862.00	\$ 1,850.00	\$ 1,850.00	-0.6%
9	42252 · Spectrum Generations Meals	\$ 6,000.00	\$ 6,000.00	\$ 6,000.00	0.0%
10	42253 · Spectrum Generation Rents	\$ 26,000.00	\$ 26,000.00	\$ 26,000.00	0.0%
11	42255 · Spectrum Generations – VTN total	\$ 12,000.00	\$ 12,000.00	\$ 10,000.00	-16.7%
12	42320 · Sen Ctr Grants/Restricted Donation	\$ 12,000.00	\$ 17,500.00	\$ 30,000.00	150.0%
13	42340 · Membership Dues	\$ 33,030.00	\$ 34,000.00	\$ 35,000.00	6.0%
14	42350 · Print Sales, Merchandise Sales	\$ 300.00	\$ 300.00	\$ 300.00	0.0%
15	42398 · MSMT	\$ 6,140.74	\$ 5,500.00	\$ 5,500.00	-10.4%
16	42399 · Collette Travel	\$ 18,328.90	\$ 6,500.00	\$ 6,500.00	-64.5%
17	42400 · Senior Health Expo	\$ 19,660.00	\$ 20,000.00	\$ 20,000.00	1.7%
18	44220 · Program/Class Fees	\$ 34,320.00	\$ 34,000.00	\$ 34,000.00	-0.9%
19	44230 · Thursday Lunch Income	\$ 3,657.00	\$ 3,500.00	\$ 3,500.00	-4.3%
20	44235 · Men's Breakfasts	\$ 600.00	\$ 500.00	\$ 500.00	-16.7%
21	44239 · Women's Breakfasts	\$ 500.00	\$ 350.00	\$ 350.00	-30.0%
22	44290 · Other Programs	\$ 1,069.00	\$ 1,000.00	\$ 1,000.00	-6.5%
23	44491 · People Plus - Book Sales	\$ 175.00	\$ 200.00	\$ 200.00	14.3%
24	44492 · Write-On! Book Sales	\$ 250.00	\$ 250.00	\$ 250.00	0.0%
25	44493 · Haircuts	\$ 5,670.00	\$ 4,000.00	\$ 4,500.00	-20.6%
26	46160 · VTN Income	\$ 500.00	\$ 500.00	\$ 500.00	0.0%
27	46200 · Thursday Luncheon Raffles	\$ 386.00	\$ 350.00	\$ 350.00	-9.3%
30	49190 · Miscellaneous Income (CGP/eqpt)	\$ 14.00	\$ 10.00	\$ 10.00	
31	Total 40000 Senior Self Generated Income	\$ 218,807.64	\$ 210,360.00	\$ 222,360.00	1.6%
32	49900 · Music In April				
33	46110 · Auctions - Live & Silent M.I.A.	\$ 42,087.00	\$ 35,000.00	\$ 35,000.00	-16.8%
34	46120 · Donations - Music In April	\$ 1,215.00	\$ 1,200.00	\$ 1,200.00	-1.2%
35	46130 · Raffle - Music In April	\$ 2,785.00	\$ 2,700.00	\$ 2,700.00	-3.1%
36	46140 · Sponsorship - Music In April	\$ 25,000.00	\$ 20,000.00	\$ 20,000.00	-20.0%
37	46150 · Ticket Sales - Music in April	\$ 4,248.41	\$ 3,500.00	\$ 3,500.00	-17.6%
38	Total 49900 Music in April	\$ 75,335.41	\$ 62,400.00	\$ 62,400.00	-17.2%
39	79210 E Jones Unrealized Income	\$ -	\$ -	\$ -	
40	Total Senior Self Generated Income	\$ 294,143.05	\$ 272,760.00	\$ 284,760.00	-3.2%
41	42000 Support (Development) Generated				
42	42301 · Annual Fund	\$ 69,287.80	\$ 75,000.00	\$ 75,000.00	8.2%
43	42302 · Stock gift to Organization	\$ 25,097.55	\$ -	\$ -	-100.0%

						Percent change 23/24 to 25/26
44	42341 · Membership Donations	\$ 3,507.00	\$ 3,500.00	\$ 3,500.00		-0.2%
45	Total Support (Development) Generated	\$ 97,892.35	\$ 78,500.00	\$ 78,500.00		-19.8%
46	42130 · Town Support-Harpswell	\$ 5,000.00	\$ 10,000.00	\$ 10,000.00		100.0%
47	42110 · Town Support- Brunswick	\$ 190,000.00	\$ 200,000.00	\$ 210,000.00		10.5%
48	42140 · Town Support- Georgetown	\$ 500.00	\$ 500.00	\$ -		-100.0%
49	Total Income	\$ 587,035.40	\$ 561,260.00	\$ 583,260.00		-0.6%
	Expenses					
50	60002 General Expenses					
51	62100 · Instructor Fees	\$ 38,500.00	\$ 40,000.00	\$ 40,000.00		3.9%
52	62101 · PP Contract Labor	\$ -	\$ -	\$ -		0.0%
53	62110 · Program Equip & Material	\$ 233.52	\$ 500.00	\$ 500.00		114.1%
54	62190 · Program Snack Expenses	\$ 363.60	\$ 400.00	\$ 400.00		10.0%
55	62210 · Prints Expense	\$ 236.40	\$ 250.00	\$ 250.00		
56	62220 · Concession	\$ 341.81	\$ 350.00	\$ 350.00		2.4%
57	62230 · Luncheon Expenses	\$ 3,556.92	\$ 3,750.00	\$ 3,750.00		5.4%
58	62240 · Mens Breakfast Expense	\$ 438.19	\$ 450.00	\$ 450.00		2.7%
59	62250 · Women's Breakfast Expense	\$ 456.96	\$ 450.00	\$ 450.00		-1.5%
60	62291 · PP Books for Resale Expense	\$ 585.14	\$ 250.00	\$ 250.00		-57.3%
61	62398 · MSMT	\$ 3,480.00	\$ 3,500.00	\$ 3,500.00		0.6%
62	62399 · Collette Travel	\$ -	\$ -	\$ -		
63	62400 · Senior Health Expo Exp	\$ 7,061.19	\$ 5,500.00	\$ 5,500.00		-22.1%
64	63100 · Annual Fund Expense	\$ 250.00	\$ 250.00	\$ 250.00		0.0%
65	63300 · Membership Expense	\$ 55.99	\$ 100.00	\$ 100.00		78.6%
66	63510 · Music in April Exp	\$ 10,409.10	\$ 7,500.00	\$ 7,500.00		-27.9%
67	63520 · Lunch Raffle Expense	\$ -	\$ -	\$ -		
68	63900 · Other Development Expenses	\$ 14,920.00	\$ 5,000.00	\$ 5,000.00		-66.5%
69	64100 · Newsletter Expense	\$ 18,565.36	\$ 18,500.00	\$ 18,500.00		-0.4%
70	64200 · Annual Report	\$ 35.00	\$ 35.00	\$ 35.00		0.0%
71	Total 60002 General Expenses	\$ 99,489.18	\$ 86,785.00	\$ 86,785.00		-12.8%
72	Utilities					
73	65510 · Electricity	\$ 10,573.90	\$ 11,500.00	\$ 11,500.00		8.8%
74	65530 · Fuel-Natural Gas	\$ 5,688.62	\$ 6,000.00	\$ 6,000.00		5.5%
75	65540 · Telephone/Internet	\$ 5,211.32	\$ 5,500.00	\$ 5,500.00		5.5%
76	65550 · Security & Communication	\$ 830.75	\$ 650.00	\$ 650.00		-21.8%
77	65560 · Water & Sewer	\$ 2,155.83	\$ 1,500.00	\$ 1,500.00		-30.4%
78	Total 60004 Utilities	\$ 24,460.42	\$ 25,150.00	\$ 25,150.00		2.8%
79	61000 Senior CTR Payroll Expenses					
80	61100 Gross Wages	\$ 365,000.00	\$ 380,000.00	\$ 380,000.00		4.1%
81	61210 Unemployment	\$ 100.00	\$ 100.00	\$ 100.00		
82	61710 Payroll Taxes	\$ 26,066.50	\$ 27,000.00	\$ 27,000.00		3.6%
83	61720 MEMIC Workers' Comp Insurance	\$ 5,579.00	\$ 5,600.00	\$ 5,600.00		0.4%
85	61800 Simple IRA Matching Funds	\$ 10,000.00	\$ 12,000.00	\$ 12,000.00		20.0%
86	64146 Payroll Service Fees	2,897.45	2,541.65	2,541.65		
87	Total 61000 Payroll Expenses	\$ 409,642.95	\$ 427,241.65	\$ 427,241.65		4.3%

		2023-2024 PRIOR	2024-2025 CURRENT	2025-2026 PROJECTED	Percent change 23/24 to 25/26
88	61002 Insurance				
89	61725 Health Insurance	\$ 17,711.00	\$ 17,800.00	\$ 17,800.00	0.5%
90	66510 Insurance-Liability/Van	\$ 3,522.00	\$ 2,500.00	\$ 2,500.00	-29.0%
91	66530 Insurance- VTN Umbrella	\$ 1,417.00	\$ 1,500.00	\$ 1,500.00	5.9%
92	66540 Insurance-Directors & Officers	\$ 952.00	\$ 1,000.00	\$ 1,000.00	5.0%
93	Total 61002 Insurance	\$ 23,602.00	\$ 22,800.00	\$ 22,800.00	-3.4%
100	64000 · Operations Expense				
101	64001 · Marketing & Public Relations	\$ 1,800.55	\$ 1,500.00	\$ 1,500.00	-16.7%
102	64147 · Credit Card Expense	\$ 332.29	\$ 150.00	\$ 150.00	-54.9%
104	64160 · Equipment Lease	\$ 1,374.25	\$ 1,350.00	\$ 1,350.00	-1.8%
105	64170 · Printing-General Office	\$ 1,571.78	\$ 1,100.00	\$ 1,100.00	-30.0%
106	64400 · Advertising	\$ 4,776.00	\$ 5,000.00	\$ 5,000.00	4.7%
107	64500 · Website	\$ 987.75	\$ 1,000.00	\$ 1,000.00	1.2%
108	65410 · Cleaning Service	\$ 8,332.43	\$ 6,500.00	\$ 6,500.00	-22.0%
109	65420 · Custodial Supplies	\$ 1,571.22	\$ 1,200.00	\$ 1,200.00	-23.6%
110	65430 · Rubbish Removal	\$ 1,900.00	\$ 1,900.00	\$ 1,900.00	0.0%
111	66220 · Computer Software/Equipment	\$ 1,328.76	\$ 1,000.00	\$ 1,000.00	-24.7%
112	66410 · Bank Service Fees	\$ 50.00	\$ 50.00	\$ 50.00	0.0%
113	66800 · Office Supplies	\$ 4,452.07	\$ 4,000.00	\$ 4,000.00	-10.2%
114	66888 · Minivan expense	\$ 41.00	\$ 50.00	\$ 50.00	22.0%
115	67100 · Postage	\$ 3,817.36	\$ 4,000.00	\$ 4,000.00	4.8%
116	Total 64000 Operations Expense	\$ 32,335.46	\$ 28,800.00	\$ 28,800.00	-10.9%
117	65000 Facilities	\$ 2,786.53	\$ 2,800.00	\$ 2,800.00	0.5%
118	66000 Other Expenses				
119	66300 · Education/Conference/Dues	\$ 1,301.89	\$ 1,300.00	\$ 1,300.00	-0.1%
120	66600 · Legal & Accounting	\$ 3,910.00	\$ 4,000.00	\$ 4,000.00	2.3%
121	67500 · Volunteer Recognition	\$ 382.19	\$ 400.00	\$ 400.00	4.7%
122	67800 · VTN Background Checks	\$ 712.75	\$ 250.00	\$ 250.00	-64.9%
123	67801 · VTN Program Expense	\$ 2,000.00	\$ 2,500.00	\$ 2,500.00	25.0%
124	67900 · Other General Expenses	\$ 5,166.00	\$ 1,500.00	\$ 1,500.00	-71.0%
125	Total 66000 Other Expenses	\$ 13,472.83	\$ 9,950.00	\$ 9,950.00	-26.1%
126	Total Expense	\$ 605,789.37	\$ 603,526.65	\$ 603,526.65	-0.4%
127	Senior Center Net Ordinary Income	\$ (18,753.97)	\$ (42,266.65)	\$ (20,266.65)	8.1%

					2023-2024 PRIOR	2024-2025 CURRENT	2025-2026 PROJECTED	Percent change 23/24 to 25/26
153	46000 Teen Center Income							
154	42321 · Teen Center- Misc Income		\$ 186.36	\$ 150.00	\$ 150.00			-19.5%
155	42330 · TC Grants/Restricted Donation		\$ 7,500.00	\$ 32,000.00	\$ 35,000.00			366.7%
156	46310 · Teen Center- Gelato Fiasco		\$ 12,645.00	\$ 12,500.00	\$ 12,500.00			-1.1%
157	46390 · Teen Ctr Annual Fund		\$ 35,533.01	\$ 40,000.00	\$ 40,000.00			12.6%
158	46391 · Teen Center United Way		\$ 6,200.00	\$ 6,200.00	\$ 6,200.00			0.0%
159	46392 · TC Pledges Music in Ap		\$ 6,900.00	\$ 6,500.00	\$ 6,500.00			-5.8%
160	Jim Howard PRG Match		\$ 14,500.00	\$ 15,000.00	\$ 15,000.00			3.4%
161	46395 - Stock gifts to TC		\$ 5,083.72	\$ 2,500.00	\$ -			
162	46502 Teen Center Learn to Drive Prog		\$ 500.00	\$ 500.00	\$ 500.00			0.0%
164	45410 · TC Town Support -Brunswick		\$ 20,000.00	\$ 30,000.00	\$ 40,000.00			100.0%
165								
166	Total 46000 -Teen Center Income		\$ 109,048.09	\$ 145,350.00	\$ 155,850.00			42.9%
167								
168	67000 Teen Center Expenses							
169	61791 · Food Expenses		\$ 4,573.83	\$ 20,000.00	\$ 25,000.00			446.6%
171	63530 · General Expenses		\$ 2,612.11	\$ 55,000.00	\$ 5,000.00			91.4%
172	63600 · Gelato Fiasco Expense		\$ 1,218.49	\$ 1,500.00	\$ 1,500.00			23.1%
170	61792 · Cable/ Internet		\$ 1,200.00	\$ 1,200.00	\$ 1,400.00			16.7%
174	Coffin School rent		\$ -	\$ 1,200.00	\$ 1,200.00			100.0%
175	Coffin School utilities/custodial/etc		\$ -	\$ 17,000.00	\$ 17,000.00			100.0%
176	61790 - Contract personnel/AMERICORP		\$ 2,870.00	\$ 4,500.00	\$ 4,500.00			56.8%
177	67102 · Gross Wages		\$ 66,086.93	\$ 72,000.00	\$ 80,000.00			21.1%
178	67103 · Payroll Taxes		\$ 4,450.00	\$ 4,500.00	\$ 4,500.00			1.1%
179	61720 · Workers' Comp Insurance		\$ 100.00	\$ 100.00	\$ 100.00			0.0%
180	64146 · Payroll Service Fees		\$ 350.00	\$ 350.00	\$ 350.00			0.0%
181	61800 Simple IRA Matching Funds		\$ 900.00	\$ 1,200.00	\$ 1,200.00			33.3%
182	61725 · Health Insurance		\$ 8,855.00	\$ 8,900.00	\$ 9,000.00			1.6%
183	66550 · Minivan Collision Insurance		\$ 1,000.00	\$ 1,500.00	\$ 1,500.00			50.0%
184	66510 Insurance-Liability/Van		\$ 3,522.00	\$ 3,600.00	\$ 3,600.00			2.2%
185	67200 - TC Investment Expense		\$ 850.00	\$ 860.00	\$ 860.00			1.2%
186	Total 67000 · Teen Center Expenses		\$ 97,738.36	\$ 192,550.00	\$ 155,850.00			59.5%
187	BATC Net Income		\$ 11,309.73	\$ (47,200.00)	\$ -			-100.0%
		Items highlighted in yellow reflect income that is not confirmed and expenses that exceeded the budget. We spent \$55K on the Teen Center relocation and renovation.						

People

Plus!

THE CENTER THAT BUILDS COMMUNITY SINCE 1976

GOOD MORNING PROGRAM

Brunswick • Harpswell • Freeport

Providing a simple, FREE, and confidential daily telephone call-in system; ensuring the safety and well-being of older or disabled adults.

*“Just calling to say
that I’m OK”*

Participants often live alone, are recovering from a medical condition, live with chronic illness, or are an isolated caregiver looking for additional support.



*Give your friends & family
peace of mind with a
simple phone call!*

FMI 729-0757 peopleplusmaine.org

The Good Morning program does not replace or provide emergency services, referral services, transportation, or give medical or legal advice.

People

Plus!

THE CENTER THAT BUILDS COMMUNITY SINCE 1976

VOLUNTEER TRANSPORTATION NETWORK

Providing free rides for medical appointments and grocery shopping, as well as personal needs such as trips to the bank, post office, and hair salon. Also assisting with food and prescription pick-up.



“Now that I can’t drive anymore, the VTN takes me to my doctor’s visits. It is so comforting to have someone I know drive me to the doctor.”

-VTN Rider

FMI call 729-0757 or email
VTN@peopleplusmaine.org

With program support from

LIVE UNITED
United Way

spectrum
generations

Rusty
Lantern
MARKET

Suzan Wilson & Daniel McLaughlin Family

Proud to partner with



Mid Coast-Parkview Health
MaineHealth



IR The Times Record



Community Donors

Ellen Asherman
Richmond & Lillian Bates
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Cyrus & Gail Kendrick
The Mayo Family
Vince McDermott
Eleanor Morrell
Sandra Morrell Rooney & Charles R. Rooney, Jr.
Annee Tara
Katharine Watson
Suzan Wilson & Daniel McLaughlin

Grants, Foundations and Municipal Funding

Alex Labbe Foundation
Alfred M Senter Fund
All Saints Church
Bar Harbor Bank & Trust
Brunswick Rotary Community Fund
Maine Community Foundation
Maine Women's Giving Tree
Margaret Burnham Charitable Trust
Nathaniel Davis Family Fund
Sam Cohen Fund
Town of Brunswick
Town of Harpswell
United Universalist Church
United Way of Mid Coast Maine

LIVE UNITED



United Way
of Mid Coast Maine

Spectrum Generations Partnership

- Aging & Disability Resource Center
- Meals on Wheels
- Commodities Supplemental Food Program
- Community Dining
- Volunteer Transportation Network Support



THE CENTER THAT BUILDS COMMUNITY SINCE 1976

2023-2024 Annual Report



"People Plus supports an engaged, healthy, and independent life for older adults, while joining others to build community for all ages!"



35 Union Street • P.O. Box 766 • Brunswick, ME 04011
207-729-0757 • www.peopleplusmaine.org





Serving thousands in our community!

19,000+

Center visits for classes, clubs, meals & events

452

prescription deliveries

1,000+

food pantry/locally grown food deliveries

257

medical equipment loans

2,688

grocery & meal deliveries

1,407

birthday calls

33,162
miles of free rides

541

low cost hair cuts

2023/2024 Board of Trustees



**David
Millar,
Chair**



**Jim
Burbine,
Vice Chair**



**Sonia
St. Pierre,
Treasurer**



**Christine
Corriveau,
Secretary**



**Terri Burgess
Robin Copland
Allison Crosscup
Charlie Evans
Thomas Farrell
Charlie Gordon
Gail Kendrick
Bob Nugent
Joe Palma
Scott Stewart
Cindy Sullivan
Annee Tara
Kelsie West**



**Stacy Frizzle-
Edgerton,
Executive Director**



“After school fun/fuel” for hundreds of teens!

**over 1,650
teen visits**

**thousands
of meals served**

**COUNTLESS
adventures**

**endless
new experiences**

Teen Center Advisory Committee

**Tom Farrell, Chair
Nicholas Bedard
Carol Briggs
Emily Radziwon**

**Charlie Gordon
Carol Israel
Catherine Jarratt
Jane Millett**

**Fraser Ruwert
Nathaniel Shed**

**Taylor Carter,
Teen Center Director**

**Stacy Frizzle-Edgerton,
Executive Director**



Who We Are

People Plus supports an engaged, healthy, and independent life for older adults, while joining with others to build community for all ages.

People Plus Seniors - a variety of programs supporting fitness, wellness, recreation, socialization, and learning opportunities. Activities include exercise classes, art classes, games, interest groups, meals, travel, presentations, special gatherings, and more.



People Plus Outreach



Free community programs including the **Good Morning** safety check-in program, **Volunteer Transportation Network (VTN)** rides and shopping services, and **Midcoast Meals** meal distribution & take-out – in coordination with the Mid Coast Hunger Prevention Program.

People Plus Teens - the **Brunswick Area Teen Center**, a People Plus program located at the Coffin School building, is a free after-school program for youth in grades 6-12. FMI call 207-419-1073 or email teens@peopleplusmaine.org.



Membership Benefits

These businesses offer discounts for People Plus members:

Ashley Richards, Certified Aging in Place Specialist free home walk-through with tips to help you age in place, 712-3042, ashleyr151@gmail.com

Augat Chiropractic, Free consult & cursory exam free consultation & cursory exam (mention People Plus benefit when booking appointment), 9 Pleasant St, Brunswick, 725-7177

Autometrics, 10% off labor, 121 Bath Road, Brunswick, 729-0842

Berrie's Hearing & Optical Center, 10% off complete eye-wear, up to \$500 off hearing aids, 86 Maine St, Brunswick, 725-5111, www.berriesopticians.com

Big Top Deli, 10% off, anytime, 70 Maine St, Brunswick, 721-8900, www.bigtopdeli.com

Bill Dodge Auto Group, 10% off parts/service

118 Pleasant St, Brunswick, 729-6653, www.billedodgeautogroup.com

Carpe Diem Tech Support, John Fischer Help with PC & Mac. \$30/hour (40% off regular rate), 522-1238, john@carpediem-me.net, www.carpediem-me.net

Darling's Ford, 10% off up to \$50, parts/service
262 Bath Road, Brunswick, 725-1228, www.darlingsbrunswickford.com

Double Bubble Laundromat, free pick up/drop off for seniors (15 lb. min.), \$1.80 for wash, dry & fold, Topsham Fair Mall, 373-1995

Eveningstar Cinema, discount bag of popcorn at evening shows (\$1 sm, \$1.50 med), 729-5486, 149 Maine St, Brunswick, www.eveningstarcinema.com

Fairground Café, 10% off, anytime, Topsham Fair Mall, 729-5366

Hand Therapy Treatment and Education Center, LLP, 20% off HandBasicSSM: Self-Care Education class, 114 Maine Street Suite 4, Brunswick, 607-5800 www.therapyandeducation.com

Hearts & Hands Reiki, 10% off first visit, 751-5339, heartsnhands207@gmail.com

Lee's Tire & Service, 10% off parts (not tires)
35 Gurnet Road, Brunswick, 729-4131 27 Monument Pl, Topsh. 729-1676

Maine Optometry, 30% off complete glasses, some restrictions apply.
242 Bath Rd, Brunswick, 729-8474, www.maineoptometry.com

Maine State Music Theatre, senior discount (60+) on matinee tickets for Main Stage performances, 22 Elm Street, Brunswick, 725-8769, www.msmt.org

Pauline's Bloomers, 10% off in-store purchase (in person only)
153 Park Row, Brunswick, 725-5952, www.paulinesbloomers.com

Reflections (Salon), 10% off, Mon & Fri
12 Center St, Brunswick, 729-8028, www.reflectionsbylucie.com

Rossignol's Hair Shoppe, discount for age 60+, 370-9410

Thomas Point Beach, \$1 weekdays admission
29 Meadow Road, Brunswick, 725-6009, thomaspointbeach.com

Tire Warehouse, 20% off labor, Topsham Fair Mall, 725-7020, www.tirewarehouse.net

Wilbur's of Maine, 10% off, anytime, 43 Maine St, Brunswick, 729-4462

Wild Oats Bakery & Cafe, 10% off Mondays, 166 Admiral Fitch Ave, Brunswick, 725-6287, wildoatsbakery.com

*Benefits subject to change

Plus!

People

THE CENTER THAT BUILDS COMMUNITY SINCE 1976

(207) 729-0757 [f](http://www.facebook.com/peopleplusmaine) [i](http://www.instagram.com/peopleplusmaine) www.PeoplePlusMaine.org



35 Union Street (P.O. Box 766), Brunswick, ME 04011-0766

Center Activities

Join People Plus today and you can:

Expand your Mind:

- Presentations / Discussions
- Weekly Email
- Monthly Newsletter
- Technology Classes

Be Involved in the Arts:

- Art Classes
- Ukulele Club
- Fiber Arts & Fiber Spinning Groups
- Language Clubs
- Writers' Group
- Book Club

Improve Health and Fitness:

- Yoga (traditional & chair)
- Tai Chi / Qigong
- Loosen Up / Growing Stronger
- Zumba
- Table Tennis
- Walking / Hiking Clubs

Stay Engaged and Have Fun:

- Bridge, Cribbage, Mah Jongg, & Game Day
- Men's & Women's Breakfasts
- Social and Special Events
- Community Lunches
- Lunch / Movie Outings

Get Help When You Need It (FREE, membership not required):

- Safety check-in call system with Good Morning program
- Rides to appointments/ events, as well as shopping services via Volunteer Transportation Network
- Weekly food bank meal deliveries via Midcoast Meals
- Locally grown fresh produce from Merrymeeting Gleaners
- Regular phone calls to reduce feelings of isolation
- Tax assistance with AARP
- Advocacy and Support

FMI or to register call 729-0757

Volunteer to Make a Difference:

- Join the Lunch Crew to prepare and serve food
- Greet members and answer the phone at the Front Desk
- Cook/bake for our teens
- Drive or shop for neighbors in need
- Help with fundraisers & events
- Join the Board of Trustees



Join TODAY!

People Plus Membership is open to all adults (over 18). Annual fee of \$45 per year per person (\$85 per couple). Partial and full scholarships are available. Complete the attached application and return to: People Plus, P.O. Box 766, Brunswick, ME 04011-0766.



Where We Are



People Plus Partners

We are proud to partner with Spectrum Generations and host these FREE services at the People Plus Center:



- Aging & Disability Resource Center** provides counseling and guidance for aging and disability concerns. To schedule an appointment call 207-607-4405.
- Medicare 101 class** provides information regarding Medicare and all its "parts". To register call 729-0757.
- Meals on Wheels** provides delicious, nutritionally balanced meals for homebound seniors in need. To register call 207-607-4406.
- Commodities Supplemental Food Program** distributes nutritious USDA food to low-income seniors.
- Congregate Community Dining** provides a nutritious meal along with an opportunity for socialization – our monthly Lunch & Connections is underwritten by Spectrum Generations.

PEOPLE PLUS MEMBERSHIP APPLICATION

35 Union Street, PO Box 766, Brunswick, Maine 04011 • (207) 729-0757 • www.peopleplusmaine.org

Date _____	<input type="checkbox"/> Female	<input type="checkbox"/> Male
Birthdate _____	<input type="checkbox"/> (name) _____	<input type="checkbox"/> (name) _____
Phone _____	Emergency Contact _____	Phone _____
City _____	Emergency Contact _____	Phone _____
Mailing Address _____	City _____	State _____
Name (1) _____	State _____	ZIP _____
Name (2) _____	ZIP _____	(relationship) _____
Name (1) _____		
Name (2) _____		

Volunteer Opportunities at People Plus

I'd like more information about:

- Lunch Crew: cook/setup/cleanup
- Reception: check-in/phone
- Volunteer driving: rides to apps/shopping
- Meals on Wheels
- Teen Center

Cash/Check (Payable to People Plus)

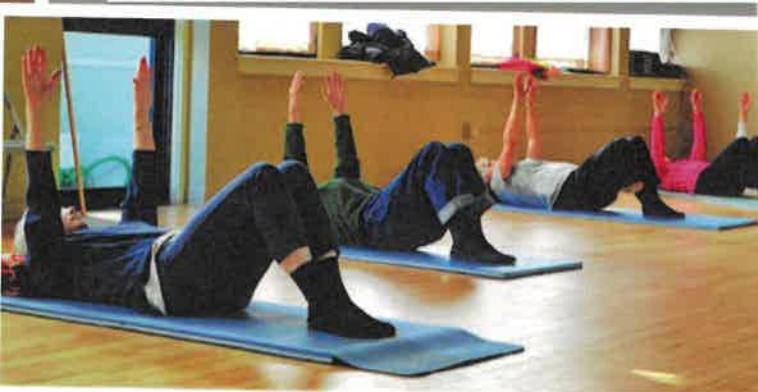
Membership Dues: \$ _____	Additional Donation*: \$ _____
(*donations above membership dues are tax deductible)	
Total: \$ _____	

Yearly Dues (Scholarships Available)

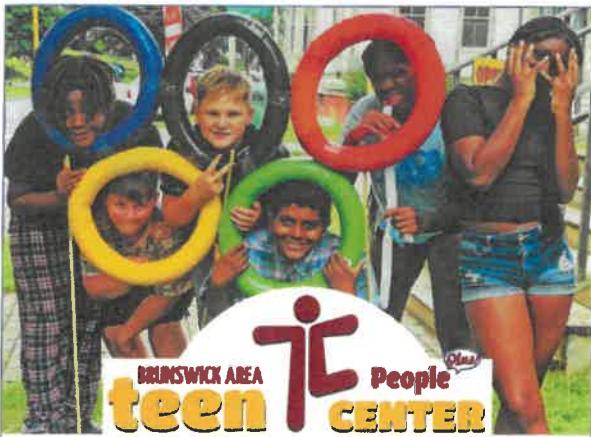
<input type="checkbox"/> Single (<input type="checkbox"/> New <input type="checkbox"/> Renew): \$45	<input type="checkbox"/> Single (<input type="checkbox"/> New <input type="checkbox"/> Renew): \$85
<input type="checkbox"/> Couple (<input type="checkbox"/> New <input type="checkbox"/> Renew): \$85	<input type="checkbox"/> Lifetime Member (70 or over): \$425
OFFICE USE: <input type="checkbox"/> Account <input type="checkbox"/> Data <input type="checkbox"/> Card Sent	

THE CENTER THAT BUILDS COMMUNITY SINCE 1976









A free after-school drop-in program where any youth in grades 6-12th can socialize, hang out, participate in free activities and enjoy a space designed for and centered around teens.

****New location: 20 Barrows St, Brunswick (formerly Coffin School).**

School year: Mon-Fri, 2:30-5:30

Summer: Mon-Fri, 1:30-4:30

(hours subject to change as needed, please visit our Facebook page for updates)



- Free meals served daily with healthy snacks and drinks!
- Free access to computers, gaming consols, streaming services, board games, art supplies, and other indoor/outdoor recreation equipment!
- Free field trips, adventures, and more!
- Staff on hand each day to help with homework, job applications and anything else our kids need!

FMI call 419-1073
or email teens@peopleplusmaine.org



FREE PROGRAM!! FREE FOOD!!

Generous donations and dedicated volunteers help support the BATC Food Program! We serve thousands of free meals each year to youth in our community and none of it would be possible without your support!



FMI, or to donate or volunteer, contact Teen Center Director, Taylor Carter at (207) 419-1073 or teens@peopleplusmaine.org.



PO Box 766, Brunswick, Maine 04011
People Plus: 729-0757 Teen Center: 419-1073
www.peopleplusmaine.org





TEEN CENTER COUNCIL ELECTIONS!

President

Vice President

Special Events Secretary

Social Media Secretary

Treasurer and Tech Secretary

**WANT TO RUN? TALK TO A STAFF MEMBER
TO GET ON THE BALLOT. DEADLINE TO
REGISTER IS
MARCH 21ST!**



2024

November



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3	4 French Toast Day	5 Closed	6 Take a Hike with us!	7 Make Soup with us	1 Make Sushi with us	2 
10	11 Closed	12. Tournament Tuesday	13. Pickle Day	14. Unplugged Day!	15. Crafriday	16
17	18 Ping Pong Day	19. Trail Tuesday	20. Perogies!	21. Make bread with us	22. Friendsgiving!	23
24	25 Mousse Day	26 Tournament Tuesday	27 Closed	28 Closed	29 Closed	30



2025 January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Closed 	2 New Years Celebration	3.  Trail Day	4
5	6 Compliments and French Fries Day	7 Taco Tuesday	8 Open at 11:30am Make Sushi! 	9 Mac and Cheese Waffles	10 Green Juice Day	11
12 	13 Balloon Day	14 Trivia Tuesday	15 Karaoke Day 	16 Blueberry Pancake Day	17 Fig Newton Day	18
19	20 Closed for MLK Day	21 Tatuesday 	22 Bottle Rocket Day	23 Drum Circle! 	24 Fiber Arts Dance Party	25
26 	27 Houseplant Day	28 Tourney Tuesday	29 Wall-E Wednesday	30 Squirrel Appreciation Day	31.  Hot Chocolate Day	

February 2025



These activities are not sponsored by the Brunswick School Dept.

SUN	MON	TUE	WED	THU	FRI	SAT
	3 MINDFULL MONDAY ORACLE CARDS	4 MUFFIN DAY 	5 EARLY RELEASE OPEN AT 11:30AM	6 	7 RETRO DAY 	1
	9	10 MINDFUL MONDAY UNPLUGGED DAY	11 TOURNEY TUESDAY	12 TATER TOT DAY 	13 LOVE YOUR PET DAY 	14 SELF CARE DAY
16 SCHOOL BREAK WEEK! 	17 CLOSED FOR PRESIDENTS DAY	18 OPEN 12PM TO 4PM TUE->FRI!	19 	20 MAKE A PIZZA WITH US!	21 CRAFRIDAY	22
23 	24 MINDFUL MONDAY	25 TOURNEY TUESDAY	26 BOTTLE ROCKETS 	27 CREEPY SHOW AND TELL 	28 CRAFRIDAY	

TEEN CENTER MENU BOARD!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Tofu Rice Bowls	4	5 Breakfast Sandwich	6 Orange Ginger	7	8
9	10 Grilled Cheese	11 Pork Tacos Turkey Pot Pie	12 Buffalo chicken tacos tot day	13 Pet treats Nachos → Coke Treat	14	15
..	17 Closed	18	19	20 Cheese day P.I.T.	21	22
23	24 Dragon MAC -Tacos	25	26 Pigs in a blanket	27 Marge's Baked Ziti	28 Mozzarella Garlic day	29
30	31	32	33	34	35	3

